

KEEPING IN TOUCH IN SCARROWBECK

HOME DELIVERY donations welcome November 2024

“Keeping in Touch in Scarrowbeck” for the current month is also available
on our website: www.scarrowbeckbenefice.org.uk

St Ethelbert Alby



November	ALL SOULS Saturday 2nd	ALL SAINTS DAY 3rd	REMEMBRANCE 10th	Trinity 25 17th	Christ the King 24th
Alby	--	--	--	--	--
Calthorpe	--	--	--	--	--
Erpingham	All Souls 6.30	10am Group Service	9am said Communion 10.55 Remembrance Service	9.30 HC	9.30 HC
Gunton	--	--	--	--	--
Hanworth	--	--	10.30 Village hall Remembrance	--	--
Ingworth	--	--	--	--	--
Thwaite	--	3pm Evensong	10.55 Remembrance Service	11am HC	3pm Evening Prayer

9.15am Midweek services in Erpingham church

Wednesday 6th	Wednesday 13th	Wednesday 20th	Wednesday 27th
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KEEPING IN TOUCH PRINTING COSTS

We are grateful to all who donate so generously towards the printing costs of Keeping in Touch. You can now donate securely on line with your smart phone or tablet. Please scan the QR code.



Please see the information inside the back page for donations by cheque or direct payment.
Thank you for your support.

Priest-in-Charge of Scarrowbeck Benefice

Canon Heather Butcher

25, Muskett Way, Aylsham NR11 6GF 01263 735922 canonhdb@gmail.com

Scarrowbeck Benefice Churchwardens

Alby	Mecki Green	01263 761480
Erpingham	Keith Harrison	01263761698 harriswine@doctors.org.uk
	Linda Howard	01263 833323 cicely@danielbrian.co.uk
Thwaite	James Buchan	01263 768901 jebuchan@btinternet.com
	Mary-Claire Marriott	01263 761373 mcmariott@yahoo.com
Hanworth	Richard Harbord	01263 768723 richard_harbord@hotmail.com

Calthorpe and Ingworth are part of the Diocesan Churches Trust and have no churchwardens

Scarrowbeck Benefice Lay Ministers (Readers)

The Lay Ministers/Readers in this benefice help take services in the benefice but in addition if you or anyone you know, would like to be to be prayed for, please let Angela know, or indeed any of us, and we will gladly pray for you in our own prayers and at the services if you wish.

Please let us know as well if you know of anyone who has died and they too can be included in our prayers.

If you would like a home visit for any reason or home Communion, please contact Helen in the first place and this can be arranged at a time to suit you, or we are always on the end of a telephone:

Angela Parkes	0779969281
Helen Burrell	01263 768209
Colin Willis	01263 577288

Clergy Care and Well-Being in our benefice

With the current emphasis on mental health, the Church of England has asked local church councils to consider the wellbeing of their clergy. In the light of this we have decided to remind people of Heather's working days so that her days off are protected. Heather normally works on Wednesdays and Thursdays and two Sundays per month which are published on the service rota. Inevitably she works on other days because of weddings and funerals but we try to avoid unnecessary phone calls when she would not normally be working.

3rd	Erpingham:	Calthorpe Road, Chapel Road and Cromer Road
10 th	Erpingham:	Blacksmith's Lane & Loke, Butts Common
17 th	Alby:	Alby Hill, Goose Lane and Low Common
24 th	Hanworth:	The Old Coach House and Carpenter's Cottage

From the Registers

Wedding Alby 14 September Felicity Clare Hall and James Benjamin George Alvey

**St Mary's Church Erpingham - Help with the cost of living
Community Table**

The Community Table in the church continues to be well supported and used. Thank you to all who provide items for the table.

Food donations to the Community Table can be taken to church.

Items recommended:

Long life milk	laundry detergent
Tinned fish	shampoo
Tinned meat	pot noodles
Tinned vegetables	deodorant
Pasta sauce	Toilet rolls
Squash/fruit juice	washing up liquid

**St Mary's Church Erpingham invites you to... Young People's
Choir..... and Mini Melodies!**



11am
Every Thursday

Erpingham With Calthope
Village Hall, NR11 7QD

Immerse your little one in the enchanting world of music with Mini Melodies! Join us for a delightful hour of musical exploration and percussion play designed for toddlers.

£2 per session
or 12 sessions for £20

For more info:
evebryantvocals@gmail.com



Erpingham Young
People's Choir

For ages 7 to 16 years
FREE

Join us every **Thursday** during term time
from **4:15 until 5:15pm**

St Mary's Church
Eagle Road, Erpingham,
NR11 7EX

To sign up or for more information,
please contact evebryantvocals@gmail.com

November letter

I can hardly believe we are at November again with Christmas on the horizon. It must be my age!

November with its greyness and mistiness seems an appropriate time of year for remembering loved ones lost. It reflects our sadnesses and as we get older there are more of them. I feel sad that this time of year is overshadowed by Halloween, a commercial festival which didn't exist when I was growing up. Halloween then was simply the Eve of All Hallows - the Evening before All Saints Day, the Hallows meaning the saints, people who had gone over and above for their faith. 1st November, All Saints' Day was followed by All Souls' Day, a special day now almost lost. It is special because it is a day out of all the year which the church sets aside to especially remember and give thanks for all those we have loved and lost.

This year again there will be an opportunity to come to church to remember and give thanks for our own loved ones. I often say you don't have to be religious to come to church. People come for all sorts of reasons; to be part of a community, to have some quiet time, to think, to sing with others, to be part of something they hope might be true or don't understand. Come anyway.

This year on All Souls' day, 2nd November we are having a special service at Erpingham church for all who have lost loved ones and want to come to remember them in a special way. There will be an opportunity to light candles and also to have the name of your loved ones read aloud in the quiet of the service. It is a gentle service and all are welcome.

Help us to know

That those from whom we are separated in death -
by its long silence,
its aching absence -
are each of them in our presence;
that beyond our horizons,
beyond our understanding,
they are held in your embrace,
Lord our God.

At this time of year too, we hold our service of Remembrance for all those who have died in war. Once again we shall stand by the war memorial to begin the service and will reflect in silence for two minutes and hear the trumpet play the last post and lay wreaths. We hope you will join us to remember.

With good wishes
Heather

ALL SOULS SERVICE

We welcome you to this special service
On Saturday 2nd November
at 6.30pm



at **Erpingham Church**

If you cannot attend but would like a candle lit or your loved one's name(s)
read at the service please contact the wardens or me



**Pre Advent study group led by Rev Philip Butcher
“ Protests of an Angry Liberal”**

Thursday 7th, 14th, 21st and 28th November

All at 3pm in the home of Helen and Stephen Burrell
Paigles, The Street, Erpingham 01263 768209

Everyone is welcome to come to join in the discussion

CHRISTMAS IN
SCARROWBECK THIS
DECEMBER



<i>Friday 6th 6.30pm</i>	<i>Carols</i>	<i>Hanworth village hall</i>
<i>Sunday 8th 3pm</i>	<i>Carols</i>	<i>Alby church</i>
<i>Thursday 12th 6.30pm</i>	<i>Carols</i>	<i>The Spread Eagle Erpingham</i>
<i>Sunday 15th 6pm</i>	<i>Candlelit Carol Service</i>	<i>Erpingham church</i>
<i>Wednesday 18th 4pm</i>	<i>Chocolate Nativity</i>	<i>Calthorpe church</i>
<i>Friday 20th 3pm</i>	<i>Carol Service</i>	<i>Gunton Chapel</i>
<i>Sunday 22nd 6.30pm</i>	<i>Carols Service</i>	<i>Ingworth Church</i>
<i>Sunday 24th 8pm</i>	<i>Candlelit Communion and Carol Service</i>	<i>Erpingham church</i>
<i>Christmas Day 11am</i>	<i>Carol Service</i>	<i>Thwaite Church</i>

What is happening to our coastline?

Come and listen to someone who knows

Rob Goodliffe, Coastal Transition Manager from NNDC
will be in Erpingham church to talk and answer questions

on **7th November at 7pm**

No ticket required but
donations will be welcome at the door

Light refreshments available during the
interval



A heartfelt thank you to everyone who joined us for our Macmillan Coffee Morning on 2nd October at Erpingham with Calthorpe Village Hall.

We are incredibly grateful to those who generously donated delicious cakes, contributed to our raffle, and to all our wonderful volunteers. It was a fabulous morning, with old and new friends coming together to enjoy a cuppa and a slice (or two) of cake.

Thanks to your generosity and enthusiasm, we raised an amazing £1000 which will make a real difference to those affected by cancer. Every penny raised helps support people with cancer—emotionally, physically, and financially.

Once again, thank you all for making our Macmillan Coffee Morning a resounding success!

Rosalind Horne

Hanworth with Gunton Memorial Hall

NR11 7HP

What3Words: ///courts.love.deprive

www.hanworthmemorialhall.org.uk/

Saturday 5 October

Light lunch, afternoon tea and pop-up pub to support
Weavers Way Ultra Marathon organised by Boghopper Races

1.00PM onwards

Cheer on the runners as they start the final five miles of their 50-mile run

Thursday 31 October

Halloween Quiz and Pop-up Pub
**Scare the ghosts away with good
company and a warm meal**

6.30PM for 7.00PM dinner

£10 for entry ticket + delicious meal (£3 for under-12s)

Standard team of four (handicap system for larger teams)

**Bring friends and family to maximise your
chances of winning a prize**



Sunday 10 November

Remembrance Day Service

10.40AM with Rev. Tom Harris

Friday 6 December

Candlelit carols in Hanworth Church followed by candlelit procession to
the Memorial Hall for warm mince pies, sausage rolls and mulled wine

Christmas Raffle with prizes worth winning (proceeds to Hanworth Church)

6.30PM with Rev. Heather Butcher



Thursday 12 December

Christmas table decoration workshop with Julie Geere-Wright

1.30-3.30PM Price tbc

Thinking ahead!

Thwaite church Epiphany/12th Night
Wind up Christmas with simple lunch and music
in aid of Cromer Food Bank.





Christmas Carols

with the amazing

Cromer and Sheringham Brass Band!

Sunday December 15th

11am to 11.45am

In the Aldborough Community Centre

Coffee and mince pies afterwards.

Free event All welcome



THE SPREAD EAGLE EAGLE ROAD ERPINGHAM NORFOLK NR11 7QA

TEL 01263 761938

FACEBOOK : The Spread Eagle

INSTAGRAM: thespreadeagleerpingham

WEBSITE: www.thespreadeagle.pub : FACEBOOK: pig at the pub

EMAIL FOR FOOD BOOKINGS: pigatthepub@gmail.com

OPEN 6 DAYS A WEEK 12-11 PM

CLOSED TUESDAYS

LUNCHTIME MENU: WED, THURS, FRI, and SAT 12-2.30PM

SUNDAY 12 – 3pm

EVENING MENU: WED, THURS, FRI and SAT 5-9PM

NEW MENU & TAKE AWAYS AVAILABLE.

CHRISTMAS & NEW YEAR OPENING TIMES: Tues 24th Christmas Eve: OPEN 12-11pm

CHRISTMAS DAY: OPEN 12-3PM

CHRISTMAS 3 COURSE MEALS PRE BOOKED ONLY: 12 pm sitting and 2pm sitting

Adults £55 & children £28.

BOXING DAY 12 - 9 pm 27th 12 - 11pm 28th 12 - 11pm 29th 12 - 11pm 30th 12 -11pm

Tues 31st NEW YEARS EVE 12 -1 AM

Pre bought tickets @ £20 each to include Buffet and 6 piece Live Band Backtracking

1st - 7th January CLOSED

Curry & Quiz Nights the last Thursday of every month to raise money for a defibrillator: £3 per person (max 6 per team) Proceeds split 50/ 50 to winning team and defibrillator fund . £9.50 for chicken curry with rice or chips and please Pre-book.

At the heart of the village is our Dog friendly pub with a friendly atmosphere, a great selection of drinks and Real Ales.

We are also very proud to say that we are in The Good Beer Guide. .

We are very much a traditional pub serving delicious food by **pig at the pub**.

Pre-booking is advised to avoid disappointment

Beautiful large beer garden, with patios and large car park.

Please look online or on our blackboards outside the pub, for special events and Live music.

We also have a function room available to hire.

EVERYBODY IS WELCOME

Erpingham with Calthorpe Village Hall 200 Club

September monthly draw winners

The draw took place at "Cake & Coffee" in the Village Hall on Wednesday 25th September 2024.

The winning numbers were:

£30 prize: Number 50

£20 prize: Number 145

You too could be a winner. Some spare numbers are now available. As well as the monthly draws of £30 & £20, there is a Grand Draw in December with prizes of £250, £200, £150 & £100. For a one off payment of £12 a year you stand the chance of winning up to £610! All profits go towards the upkeep and maintenance of the Village Hall.

Peter Gidman has taken over as Administrator of the 200 Club.

If you are interested in joining the Club contact him at:

peterjgidman@gmail.com

Tel No: 07425 219292



**Sheringham & Cromer
Choral Society**
with a chamber ensemble

David Ballard: Director **Philip Adams:** organ
Jodie Wiggins: soprano **Eve Garrard:** mezzo soprano
Daniel Bartlette: tenor **Alex Bower Brown:** bass



The Foundling Hospital, Holborn, London: a bird's-eye view of the courtyard.
Coloured engraving. Wellcome Collection. Public Domain Mark.

Haydn: St Nicholas Mass
Handel: Foundling Hospital Anthem
(concluding with the "Hallelujah Chorus" from The Messiah)

16 November: 4:00pm
St Peter's Church
Sheringham

Tickets: £18. Under-18s Free.

Box office: 01263 822 347 • www.sheringhamlittletheatre.com
or at North Norfolk Visitor Centre, Cromer • or on the door subject to availability



supported by
Norfolk
Community
Foundation

www.sheringhamandcromerchoral.org.uk Registered charity no 281467

Carols at the Theatre



Sheringham Little Theatre
Sunday 8 December
4.00 pm

Tickets £15
Under 16s £5

Box office 01263 822347
www.sheringhamlittletheatre.com



*North Norfolk
Youth Chorus*

Director: David Ballard
Accompanist: Philip Adams

G'DAY HANDYMAN SERVICES

General property maintenance, painting & decorating, man with a van, flat pack assembly, garden maintenance, odd jobs. All work considered in the north Norfolk area.
Telephone: 07876 455731



Alby Gardens – a Little Gem



Come and visit Alby gardens. They are a hidden gem that many people do not know exist - tucked away at the back of Alby Crafts. Four acres of consummate quiet and a place to reflect which have evolved over its 45year history

OPEN Summer: (late March to late October) Tuesday to Sunday 10am to 5pm and Bank Holiday Mondays

The Freshwater Community Grant Fund – now open for applications!



Great news! The Freshwater Community Grant Fund is now open.

As part of the National Trust's Upper Bure Riverlands project focusing on creating a river that is *healthy, clean and rich in wildlife that is loved and cared for by all*, we are offering community groups the opportunity to apply for funding to care and restore our special freshwater habitats.

The fund is open to local community groups, such as charities and other non-profit making organisations, schools, town councils and parish councils for projects that will boost biodiversity and create opportunities to connect with nature.

Grants of between £500 to £5,000 are available for projects to be completed by December 2025.

If you are a part of, or know of a group, that wants to do more for nature then we'd like to hear from you. Please get in touch, or share the details of this grant and how to apply, so we can restore nature together: <https://bit.ly/FreshwaterFund>.

This project is funded by the Government's Species Survival Fund. The fund was developed by Defra and its Arm's-Length Bodies. It is being delivered by The National Lottery Heritage Fund in partnership with Natural England and the Environment Agency. If you'd like to get involved or learn more about the project you can connect with us on Instagram <https://www.instagram.com/upperbure> or contact us at bureriverlands@nationaltrust.org.uk

With Pia Shell

Hatha Yoga

Yoga to strengthen, stretch, release and relax
A quiet and mindful practice

Thursday evenings
6.45 - 8.15 pm

Erpingham Village Hall,
NR11 7QB

First class
free of charge

Please contact Pia
pia.shell@gmail.com
07767896610

Teucer Wilson, stone carving & lettering

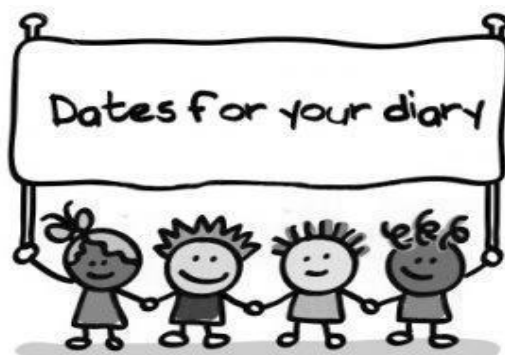
sculpture, garden pieces, memorials, signs
www.teucerwilson.co.uk 07876 243230

Diary Dates 2024

All Souls' Service in Erpingham church	6.30pm	2 nd November
Coastal Erosion talk by Rob Goodliffe – Erpingham church	7pm	7 th November
Pre-Advent bible study led by Rev Philip Butcher Paigles, The Street, Erpingham	3pm	7 th , 14 th , 21 st , 28 th November
Concert in St. Peters church, Sheringham	4pm	16 th November
Carols at Little Sheringham Theatre	4pm	8 th December
Table decoration workshop in Hanworth & Gunton village hall	1.30pm	12 th December
Carols with Cromer & Sheringham Brass Band at Aldborough Community Centre	11am	15 th December

2025

Lunch & music at Thwaite church 12th January



If any readers would like to make a one-off or regular donation, please make a direct payment or set up a Standing Order to:
Erpingham Parochial Church Council
Sort Code: 20-03-26
Account Number: 40358452
Please reference the payment "Keeping in Touch"
or send a cheque payable to Erpingham PCC to our Treasurer:
Liz Ashness, Beech Cottage, Chapel Road, Erpingham,
Norwich NR11 7QJ
Tel: 01263 761224 liz.ashness@btinternet.com
(please write "Keeping in Touch" on the back of the cheque)
Please let the Treasurer know if you are able to Gift Aid your donation

What's on at Aldborough Community Centre?

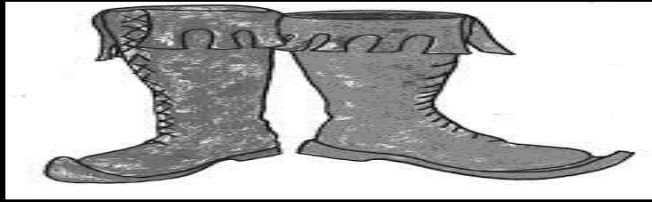
(Registered charity 268101)

Exercise at ACC <i>Stay local, save time and fuel!</i>			Film Nights at ACC <i>Join us!</i>	
<i>Check website for details.</i>			Every 3 rd Wednesday of the month. Screening at 7.30pm, Bar opens 7pm November 20 th December 18 th Details of films on posters at ACC or email David at dpg.jazz@icloud.com	
Tuesday	5-6pm	Belly Dancing		
Thursday	4.30-5.30pm	Pilates		
Thursday	6.15-7.15pm	Zumba		
Friday	10-11am	Extend fitness		
Friday	6-7pm	Yoga (self-help group)		



Every Tuesday from 10-12.30 -filter coffee, teas, cakes, newspapers and chat.
ALL WELCOME!
DOG-FRIENDLY TOO!

Save the date!
Aldborough Players
31st Pantomime
Whittington Boots
5th-8th February.



ACC Bookings and Hire

Please use our online booking system on our website:
www.aldboroughcommunitycentre.com

Or email; Julie@floribunda-workshop.co.uk

£13/hour for hire of the main hall, £10/hour for wellbeing classes/events. See website for rates for all other rooms.

<https://www.facebook.com/AldboroughCommunityCentre/>

RESOURCE ROOM

(upstairs at the Community Centre)

Light airy meeting room accommodating 10, with internet access; projector, laptop, printer, laminator, guillotine all available for use.

Book online or drop by on Tuesday mornings when our administrator will help you with printing, laminating etc,



HUB TALKS NOW FOLLOWED BY DELICIOUS AFTERNOON TEA

YOUTH NIGHT

10-13 yrs old

NOV 5th
MAKE YOUR OWN PIZZA & MOCKTAILS

6.30-8.00 pm

ALDBOROUGH COMMUNITY CENTRE

£2

Made with PosterMyWall.com

Hear For Norfolk

parks outside the Community Centre providing free hearing aid maintenance & advice

Tuesday Dec 3rd
10-12 noon

Have a coffee at The Hub too.

THE NEXT ISSUE:

Please send copy for **DECEMBER 2024 & JANUARY 2025 double** edition by **14th November 2024 to the editor:**

Linda Howard cicely@danielbrian.co.uk 01263 833323

THANK YOU TO ALL WHO CONTRIBUTE TO THE
PRINTING COSTS OF *KEEPING IN TOUCH IN SCARROWBECK*

Please Support our Local Businesses

<p>ROPER HEATING SERVICES Oftec Registered Engineer covering local Oil Boiler Servicing and Breakdowns. Small heating maintenance calls and warranty calls. Grant boiler G1 engineer covering every make and model of oil boiler. Oil boiler changes and upgrades available with plenty of notice. Fully Registered and Fully Insured. Call Steve on 07788414514</p>	<p>MANNINGTON ESTATE Mannington Estate NR11 7BB Autumn/Winter Walks open every day with Boardwalks, Bird Hide and Arboretum Car park (£4.00) and lavatories Gardens, Tearooms and Hall Bookings only October 4th to 6th BOOK Bash see www.manningtonbookbash.co.uk admin@walpoleestate 01263 584175 www.manningtonestate.co.uk</p>
<p>BICYCLE REPAIR MAN Punctures, Repairs and Servicing Rose Cottage, Thwaite Common, Erpingham Phone Paul 01263 768082</p>	<p>A and M CARPETS Established 1979 Carpets, vinyl, blinds Email: Info@aandmcarpets.co.uk 01263 732066</p>
<p>M. NEWLAND, BUILDERS All building work undertaken. Over 30 years experience. 077 8090 3694 or 01263 768323</p>	<p>ANDY DANIELS YEW TURN Timber framed buildings, carpentry, wood turning, landscaping, repairs, restoration. 30, Silvergate, Blickling yewturndaniels@aol.co.uk 07768680926 01263 734413</p>
<p>PEGG ELECTRICAL SERVICES (NICEIC approved/Domestic installer) Domestic, commercial, industrial wiring, test and reports. 46 years experience. Please call Andy on 01263 768564. Mobile 07799 264370.</p>	<p>JONES THE SWEEP Stoves, open fires & solid fuel appliances swept. Member of Guild of Master Sweeps. Fully insured. 07799 484012 www.jonesthesweep.co.uk</p>
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<p>JEMCO for all your signage needs! Off the shelf health and safety signs or bespoke. Professional friendly service for over thirty years. No minimum order. Your one-stop safety shop. Jemco 01263 761798 marion@jemcosigns.com</p>	<p>NORFOLK CHILDREN'S BOOK CENTRE 60,000 wonderful books for children. Come and have a look! Parents, children, teachers, everybody welcome! Open Mon-Fri 9-5, Sat 10-5. Church Lane, Alby NR11 7HB Tel. 01263 761402 ncbc.co.uk</p>
<p>ERPINGHAM WITH CALTHORPE VILLAGE HALL is available to hire throughout the year. It provides excellent facilities for clubs, children's parties, wedding receptions, anniversary celebrations, theatre, dances, exhibitions, and much more. For further information and enquiries please contact Tony Amies at 07979381277 or email: amiesanthony@gmail.com</p>	<p>EASTLAKE DECORATING SERVICES Local independent lady decorator specialising in interior painting and decorating. Friendly, reliable and high-quality service. Not sure about colour or finish? Why not try my colour consultancy service. Call or email me today for a no obligation quote on 07984 086496 or amanda@eastlakedecorating.co.uk. www.eastlakedecorating.co.uk</p>