

KEEPING IN TOUCH IN SCARROWBECK

HOME DELIVERY donations welcome MARCH 2025

“Keeping in Touch in Scarrowbeck” for the current month is also available on our website: www.scarrowbeckbenefice.org.uk

Our Lady and St Margaret, Calthorpe



March	Next before LENT	ASH WEDNESDAY	1 st in LENT	2 nd in LENT	3 rd in LENT	MOTHERING SUNDAY
	2nd	5th	9th	16th	23rd	30th
Alby	--	--	11am HC	--	--	--
Calthorpe	--	--	--	--	--	--
Erpingham	10am Group Service	9.15am Communion and Ashing	9.30 HC	9.30 HC	9.30 HC	--
Gunton	--	--	--	--	--	--
Hanworth	--	--	--	--	11am HC	--
Ingworth	--	--	--	--	--	10am Group Service
Thwaite	3pm Evensong	--	9.30 Matins	11am HC	3pm Evening Prayer	--

9.15am Midweek services in Erpingham church

ASH WEDNESDAY 5th	Wednesday 12th	Wednesday 19th	Wednesday 26th
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KEEPING IN TOUCH PRINTING COSTS

We are grateful to all who donate so generously towards the printing costs of Keeping in Touch. You can now donate securely on line with your smart phone or tablet. Please scan the QR code.



Please see the information inside the back page for donations by cheque or direct payment. Thank you for your support.

Priest-in-Charge of Scarrowbeck Benefice

Canon Heather Butcher

25, Muskett Way, Aylsham NR11 6GF 01263 735922 canonhdb@gmail.com

Scarrowbeck Benefice Churchwardens

Alby	Mecki Green	01263 761480
Erpingham	Keith Harrison	01263761698 harriswine@doctors.org.uk
	Linda Howard	01263 833323 cicely@danielbrian.co.uk
Thwaite	James Buchan	01263 768901 jebuchan@btinternet.com
	Mary-Claire Marriott	01263 761373 mcmarriott@yahoo.com
Hanworth	Richard Harbord	01263 768723
	richard_harbord@hotmail.com	

Calthorpe and Ingworth are part of the Diocesan Churches Trust and have no churchwardens

Scarrowbeck Benefice Lay Ministers (Readers)

The Lay Ministers/Readers in this benefice help take services in the benefice but in addition if you or anyone you know, would like to be to be prayed for, please let Angela know, or indeed any of us, and we will gladly pray for you in our own prayers and at the services if you wish.

Please let us know as well if you know of anyone who has died and they too can be included in our prayers.

If you would like a home visit for any reason or home Communion, please contact Helen in the first place and this can be arranged at a time to suit you, or we are always on the end of a telephone:

Angela Parkes	0779969281
Helen Burrell	01263 768209
Colin Willis	01263 577288

Clergy Care and Well-Being in our benefice

With the current emphasis on mental health, the Church of England has asked local church councils to consider the wellbeing of their clergy. In the light of this we have decided to remind people of Heather's working days so that her days off are protected. Heather normally works on Wednesdays and Thursdays and two Sundays per month which are published on the service rota. Inevitably she works on other days because of weddings and funerals but we try to avoid unnecessary phone calls when she would not normally be working.

ADVANCE NOTICE

**from 1st April 2025 group services, held on the first Sunday of the month,
will be held at 9.30am**

PRAYERS FOR THE PARISHES IN MARCH Week beginning Sunday

2nd	Gunton:	Gunton Park and The Old Coach House
9th	Erpingham:	Eagle Lane, Eagle Road, Eagle Close, John Franklin Way and Highnoon Road
16th	Hanworth	Carpenter's Cottage and The Old Brewery House
23rd	Erpingham	Jubilee Close, Birch Court and Lowlands
30 th	All local groups and clubs	

From the Registers

There are no entries for this month

St Mary's Church Erpingham - Help with the cost of living Community Table

The Community Table in the church continues to be well supported and used.
Thank you to all who provide items for the table.

Food donations to the Community Table can be taken to church.

Items recommended:

Long life milk	laundry detergent
Tinned fish	shampoo
Tinned meat	pot noodles
Tinned vegetables	deodorant
Pasta sauce	Toilet rolls
Squash/fruit juice	washing up liquid

St Mary's Church Erpingham invites you to... Young People's Choir..... and Mini Melodies!

Erpingham Young People's Choir

For ages 7 to 16 years

FREE



Join us every **Thursday** during term time
from **4:15 to 5:15pm**

Erpingham with
Calthorpe Village Hall
NR11 7QD

To sign up & for more information,
please contact evbryantvocals@gmail.com



St Mary's Mini Melodies

11am
Every Thursday

Erpingham With Calthorpe
Village Hall, NR11 7QD

Immerse your little one in the enchanting world of music
with Mini Melodies! Join us for a delightful hour of musical
exploration and percussion play designed for toddlers.

£2 per session
or 12 sessions for £20

For more info:
evbryantvocals@gmail.com



March letter

When we turn on the news our ears and eyes have the world's dirty linen waved in our faces. Then the wider media join in, ramping up the angst and the angst, finger pointing in every direction instead of getting on with the job of sorting out the mess. Even the weather forecast can be presented as a threat to our wellbeing. We try to bring these tremendous events down to a level that our minds can cope with before reacting according to our individual natures in such ways as we can manage. No matter what, we are usually left feeling pretty helpless and low in spirit. This "top – down" approach to life suits many, but not all, purposes. There is an alternative.

Who and what are the most important things in our lives when all is said and done? Our families and friends and by extension the small communities in which we find ourselves; for there we can make a real difference which can be seen. Those who serve on our parish councils, those involved with the local school, the pub, the village hall and sports ground, the management of Thwaite Common, the church with its various groups can and do impact positively on lives.

What of those who are lonely and isolated? For loneliness is a terrible condition easily overlooked. Again, the small community can reach out a helping hand. Even a cheerful greeting to all we meet, the offer to get shopping for someone or the offer of a lift to the doctor's all have an impact. Also, we may persuade the isolated to join one or other of our local groups for mutual support.

This "bottom – up" approach to life resonates with the Christian story. Even before Jesus' birth bureaucracy forced Joseph and Mary to travel to Bethlehem to be registered leaving their home and work unattended. There they struggled to find accommodation and Christ was born without a proper roof over his head. Within two years, the story goes, Mary, Joseph and the young Jesus fled the anger of Herod and became refugees in Egypt. Throughout his life Christ's compassion was centred especially on the poor, the humble and weak. Christians believe that God sent his son not to the home of a prince or president, or to a wealthy family or to a celebrity's home but to the home of a couple who counted as next to nothing in the eyes of a world focused on power, material comfort and pleasure. God's care is for everyone including those considered by much of society as being of little worth. He starts with the individual and works upwards from there.

Ian Andrews

Electoral Roll

Every six years the electoral rolls of every church have to be renewed and 2025 is one of those years. All existing names have to be removed and everyone must reapply to be included on the new roll.

Why join the electoral roll

The electoral roll is an important way to show commitment to Erpingham Church. You can attend the **APCM which is on Thursday May 8th at 7pm in the church**, where you can raise questions and vote in elections to the PCC, and for the parish representative to the Deanery Synod. You can participate in the government of the church at Deanery, Diocesan and national levels.

So, if you would like to continue to be on the roll – and we hope you will – or you would like to join, then please ask Helen Burrell for a form or find one at the back of the church and return it to her before April 8th to:

Paigles, The Street, Erpingham NR11 7QB, or ring 01263 768209 for further information

**The Lent Study Groups this year will be led by Rev Canon Susanna Gunner
and follow the booklets she has written.**



Topics will be: Home, Waste, Food, Neighbour and Nature

Thursday 6th March
Thursday 13th March
Thursday 20th March
Thursday 27th March
Thursday 3rd April

All at 2.30 pm in the home of Helen and Stephen Burrell
Paigles, The Street, Erpingham 01263 768209

Everyone is welcome to come and join in the discussion



HOLY WEEK SERVICES IN SCARROWBECK

Compline	Monday	14 th April	7pm	INGWORTH
Compline	Tuesday	15 th April	7pm	THWAITE
Stations of the Cross	Wednesday	16 th April	7pm	CALTHORPE
Maundy Thursday Communion & Stripping Altar	Thursday	17 th April	7pm	ERPINGHAM
Good Friday Reflections	Friday	18 th April	3pm	ERPINGHAM
Holy Saturday	Saturday	19 th April	7pm	ERPINGHAM
Easter Day Communion	Sunday	20 th April	9.30am	ERPINGHAM
Easter Day Communion	Sunday	20 th April	3pm	GUNTON

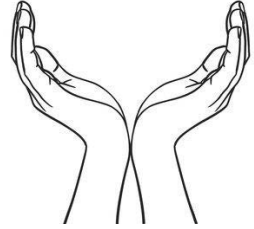


HEALING MINISTRY

From the earliest times Christians were involved in prayers for healing.



Religious communities offered hospitality to the Sick, grew and used herbs to help with healing through the ages, and they were the founders of hospitals. We are following in this tradition and will be offering laying-on of hands, and prayers for healing, at the end of the service on the first Sunday of each month at Erpingham.



During this time the choir will sing or the organist will play. Requests for prayer will be confidential. It will be a time when the congregation will keep silent prayer. Prayer such as this often brings comfort. We offer this healing prayer to anyone who would like to come, and we welcome you to church.



"Winston Churchill and D-Day"

Talk by General The Lord Dannatt GCB CBE
MC DL in aid of Hospice Ethiopia
March 13th 2025 6.30pm for 7pm
St Michael's Community Hall, Reepham,
Norfolk. NR10 4JL

Richard Dannatt will analyse Winston Churchill's role as a wartime leader, focusing not so much on 1940 and "We will never surrender" but on Winston's approach to Operation Overlord and opening the Second Front in Europe. As Chairman of the Normandy Memorial Trust, Richard Dannatt will describe how the Memorial came into being and the Winston Churchill Centre for Education and Learning which was opened by HM The King on 6th June 2024 - D-Day 80. Richard will also sell signed copies of his new book: "Churchill's D-Day" with all the proceeds from the sale going to Hospice Ethiopia." There will be refreshments and a raffle.

Tickets are £15 and numbers are limited, so the advice is to book soon. Tickets can be bought direct from Hospice Ethiopia UK, email info@hospiceethiopia.org.uk or call 01263 768699.

For more information on Hospice Ethiopia visit hospiceethiopia.org.uk.

THE SPREAD EAGLE (FREEHOUSE)



**EAGLE ROAD
ERPINGHAM
NORFOLK NR11 7QA**

TEL 01263 761938
FACEBOOK : The Spread Eagle
INSTAGRAM: thespreadeagleerpingham
WEBSITE: www.thespreadeagle.pub

**OPEN 6 DAYS A WEEK 12-11 PM
CLOSED TUESDAYS**

Curry & Quiz Nights held the last Thursday of every month to raise money for charities.
£3 per person (max 6 per team)
Proceeds split 50/50 between winning team and nominated charity.
£9.50 for chicken curry with rice or chips and please Pre-book.

At the heart of the village is our dog-friendly pub with pool table, dart board and a friendly atmosphere. Plus a great selection of drinks and Real Ales.
Beautiful large beer garden, with patios and large car park.

EVERYBODY IS WELCOME

Please look online or on our blackboards outside the pub, for special events and Live music.
We also have a function room available to hire for all of your special events and parties including weddings.
We are proud to say that due to the money raised from pub quizzes, and your kind support, there is now a defibrillator on the pub wall facing Eagle Road and The Street

Erpingham with Calthorpe Village Hall 200 Club **January 2025 monthly draw winners**

The draw took place at "Cake & Coffee" in the Village Hall on Wednesday 29th January 2025.

The winning numbers were:
£30 prize: Number 126
£20 prize: Number 185

***You too could be a winner.** Some spare numbers are now available. As well as the monthly draws of **£30 & £20**, there is a Grand Draw in December with prizes of **£250, £200, £150 & £100**. For a one off payment of £12 a year you stand the chance of winning up to **£610!** All profits go towards the upkeep and maintenance of the Village Hall.*

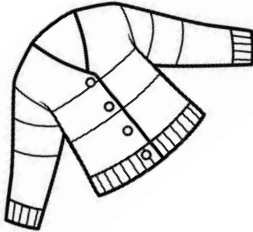
Peter Gidman is the administrator of the 200 Club.
If you are interested in joining the Club contact him at:
peterjgidman@gmail.com
Tel No: 07425 219292



The Pavilion, Aylsham
Recreation Ground
Your **local** not-for-profit

social enterprise wool shop
WORKSHOPS COMING SOON

Knit a top-down cardigan
AND



Fair isle Beaded Gloves
**For more details, please
see our Facebook page -
Hooked On Stitching -
or contact**



Jill on jilly.hookedonstitching@gmail.com or 07970 016 961

THE VILLAGE BIG BREAKFAST



NEW DATE

Saturday 29th March 2025

9am until 11am

**Erpingham with Calthorpe
Village Hall.**

**You are invited to enjoy a cooked English breakfast with a
selection of pastries and cereals.**

(Vegetarian option will be available)

**This event is open to all please bring friends and family or
just come along and enjoy the company of others.**

£10.00 per adult

£5.00 per child or for a non-cooked breakfast

**There will be limited breakfasts to just turn up on the day but
to guarantee your space**

Please call/text

Ro - 01263 768220/07899842379

Lucy - 01263 768855/07523331118

All proceeds to Erpingham with Calthorpe Village Hall.



Make Light Work of Gardening this year at Calthorpe's Allotments
- perfect for all your flowers, fruit, herbs, veg!

*New for 2025: **Half-size plots** for smaller / time-restricted households*

*Plus: **Raised Beds** - perfect for 'No Dig' growing*

*Improved on-site **watering facilities***

Easier access and parking

*Get in touch **NOW** to discuss your requirements and reserve your plot.*

Phone: Jim (01263 761798) or Ray (01263 761694)

or email: jim@dofygate.co.uk

What's Occurring? The Villages Get-Together Wednesday 9th April 19.30 to 21:00 in the Village Hall

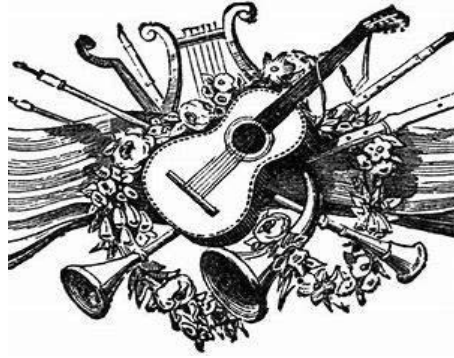
Come and hear about the activities that go on in our two villages.
Come and talk about the things that you might want to see.



Free refreshments



This is the Annual Parish Meeting for Erpingham and Calthorpe
All residents are warmly invited.



St. Mary's Church, Erpingham

NR11 6PL

Friday 16th May at 7.30pm

A Musical Evening

Alastair Robinson

**Folk, jazz, blues and classical – taking the
listener on a musical journey**

Joe & Mary

**A fun, quirky acoustic duo - their music delves
into songs about life, love and salvation - all with
a twist!**

Tickets £10

to include a glass of wine or soft drink

from Helen 01263 768209 (paigleshs@gmail.com)
or Liz 01263 761224 (liz.ashness@btinternet.com)
or on the door (cash or card)

G'DAY HANDYMAN SERVICES

General property
maintenance, painting &
decorating,
man with a van, flat pack
assembly,
garden maintenance, odd jobs.
All work considered in the
north Norfolk area.
Telephone: 07876 455731



Alby Gardens – a Little Gem



Come and visit Alby gardens.
They are a hidden gem that many
people do not know exist - tucked
away at the back of Alby Crafts.
Four acres of consummate quiet and
a place to reflect which have evolved
over its 45year history

OPEN Summer: (late March to late October)
Tuesday to Sunday 10am to 5pm and Bank
Holiday Mondays

Wednesday 26th March 2025

**Erpingham with Calthorpe Village Hall
7pm**

**Everyone is welcome
Free refreshments**

We are a small group of volunteers helping to keep this much valued asset in our
community running.....here is where you can help....

We want to hear what you think. We would really like to run more events and
improve our much loved village hall but to do this we need our community to come
together and get involved, we will very much welcome anyone who wants to be part of
our committee.

Be part of where you live and share your ideas.
We look forward to seeing you all there



With Pia Shell

Hatha Yoga

Yoga to strengthen, stretch, release and relax
A quiet and mindful practice


Thursday evenings
6.45 - 8.15 pm

Erpingham Village Hall,
NR11 7QB

First class
free of charge

Please contact Pia
pia.shell@gmail.com
07767896610

Teucer Wilson, stone carving & lettering



sculpture, garden pieces, memorials, signs
www.teucerwilson.co.uk 07876 243230

free entry

For the Love of Craft

April 12th & 13th
10am-4pm
Aldborough Community Centre
NR11 7AA

local handmade crafts at their
finest

Refreshments homemade cakes

Made with PosterMyWall.com

What's On At Erpingham with Calthorpe Village Hall

MONDAY

Pilates 10 - 11 am Contact : Sally email : sally@remedyflows.co.uk
Phone 07788102328

Zumba 6:30 - 7:30pm Contact : Sally email : millersally784@gmail.com

TUESDAY

Twinkle Toes Baby Massage- 10 am - 12:30 pm

Contact :Amber email : babymassage.twinkletoes@gmail.com

Music, Movement & Sensory Phone : 07595167359

Classes (By prior arrangement)

Carpet Bowls 7 - 9 pm Contact: John email : johnsnelling0@gmail.com

Phone: 01263 768953 (Sept. - March)

WEDNESDAY

Coffee Club 10am -12pm Contact: Tony email : mr.tonymoore@yahoo.co.uk

THURSDAY

Stretch Leisure 9:30 - 10:30 pm

Contact : Annamarie email: stretch@daytimefitnessclasses.co.uk

St. Mary's Mini Melodies 11 - 12 am

Contact: evebryantvocals@gmail.com

Erpingham Young People's Choir 4:15 - 5:15 pm

Contact : evebryantvocals@gmail.com

Yoga 6:45 - 8:15 pm Contact : Pia , email : pia.shell@gmail.com

FRIDAY

Art Group 10am - 1pm

Contact : Jinny email : vinden@sky.com Phone : 01263 768223

Short Mat Bowls (Sept - March) 2 - 4 pm

Contact : John email : johnsnelling0@gmail.com Phone : 01263 768953

Table Tennis 6:30 - 7:30 pm

Contact : Paul email : paul.retroman@gmail.com Phone : 01263 768082

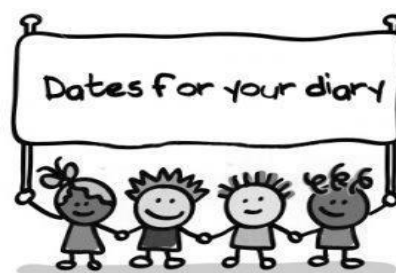
Upcoming Special Events

The Village Big Breakfast Saturday 29th March 9am - 11am £10 / Adult £5 /
Child or Non-Cooked Breakfast

Call / Text Ro 01263 768220 / 07899842379

or Lucy 01263 768855 / 07523331118

Diary Dates 2024



Lent study group Paigles, The Street, Erpingham	2.30pm	6 th , 13 th , 20 th 27 th March & 3 rd April
Hospice Ethiopia – ‘Winston Churchill & D-Day’ Community Hall Reepham	6.30pm	13 th March
The Village Big Breakfast Erpingham with Calthorpe village hall	9am – 11am	22 nd March
AGM Erpingham with Calthorpe Village Hall Committee Erpingham with Calthorpe village hall	7pm	26 th March
Annual Parish Council Meeting Erpingham with Calthorpe village hall	7.30pm	9 th April
APCM for St Mary’s church Erpingham Erpingham church	7pm	8 th May
Musical Evening in Erpingham church	7.30pm	16 th May

If any readers would like to make a one-off or regular donation, please make a direct payment or set up a Standing Order to:

Erpingham Parochial Church Council

Sort Code: 20-03-26

Account Number: 40358452

Please reference the payment “Keeping in Touch”

or send a cheque payable to Erpingham PCC to our Treasurer:

**Liz Ashness, Beech Cottage, Chapel Road, Erpingham,
Norwich NR11 7QJ**

Tel: 01263 761224 liz.ashness@btinternet.com

(please write “Keeping in Touch” on the back of the cheque)

Please let the Treasurer know if you are able to Gift Aid your donation

Keeping In Touch Committee

Editor

Treasurer

Website

Distribution & Erpingham representative

Advertising, Distribution & Ingworth representative

Alby representative

Calthorpe representative

Thwaite representative

Hanworth with Gunton representative

Linda Howard

Liz Ashness

Corinda Carnelley

Stephen Burrell

Belinda Northey

belindanortheyis@outlook.com

Sheila Goodley

Colin Willis

Mary Claire Marriott

Richard Harbord

What's on at Aldborough Community Centre?

(Registered charity 268101)

Exercise at ACC Stay local, save time and fuel!

Check website for details.

Tuesday	5-6pm	Belly Dancing
Wednesday	6-7pm	Seed Yoga
Thursday	4.30-5.30pm	Pilates
Thursday	6.15-7.15pm	Zumba
Friday	10-11am	Extend fitness
Friday	6-7pm	Yoga (self-help group)

Lots of events coming up

Details of films on posters at ACC or email David at dpg.jazz@icloud.com



Every Tuesday from 10-noon -filter coffee, teas, cakes, newspapers and chat.
ALL WELCOME! DOG-FRIENDLY TOO!



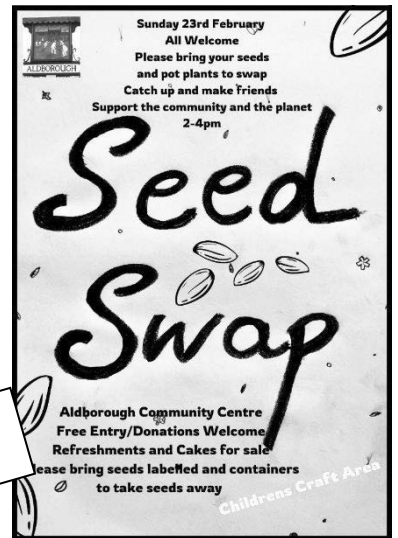
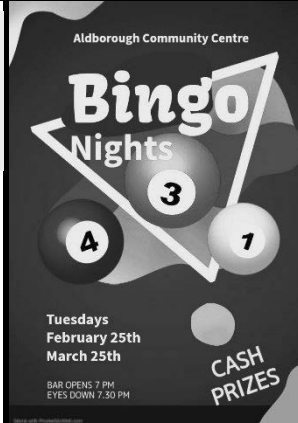
HUB TALK & TEA

Mar 4th, 2pm

'The Most Amazing Woman You've Probably Never Heard Of'
Clive Rounce

Aldborough Community Centre

New! Light lunches on first Tuesday of the month from 12.30



If you don't have seeds to swap that's fine- you can give a donation instead! And get advice from our

Hear For Norfolk

parks outside the Community Centre providing free hearing aid maintenance & advice

Tuesday Mar 4th
10-12 noon

Have a coffee at The Hub too.

ACC Bookings and Hire

Please use our online booking system on our website:

www.aldboroughcommunitycentre.com

£13/hour for hire of the main hall, £10/hour for wellbeing (fitness) classes. See website for rates for all other rooms.

<https://www.facebook.com/AldboroughCommunityCentre/>



Please send copy for **APRIL 2025** by **14th MARCH 2025** to the editor:

Linda Howard cicely@danielbrian.co.uk 01263 833323

**THANK YOU TO ALL WHO CONTRIBUTE TO THE
PRINTING COSTS OF *KEEPING IN TOUCH IN SCARROWBECK***

Please Support our Local Businesses

<p>ROPER HEATING SERVICES Oftec Registered Engineer covering local Oil Boiler Servicing and Breakdowns. Small heating maintenance calls and warranty calls. Grant boiler G1 engineer covering every make and model of oil boiler. Oil boiler changes and upgrades available with plenty of notice. Fully Registered and Fully Insured. Call Steve on 07788414514</p>	<p>MANNINGTON ESTATE Mannington Estate NR11 7BB Autumn/Winter Walks open every day with Boardwalks, Bird Hide and Arboretum Car park (£4.00) and lavatories Gardens, Tearooms and Hall Bookings only October 4th to 6th BOOK Bash see www.manningtonbookbash.co.uk admin@walpoleestate 01263 584175 www.manningtonestate.co.uk</p>
<p>BICYCLE REPAIR MAN Punctures, Repairs and Servicing Rose Cottage, Thwaite Common, Erpingham Phone Paul 01263 768082</p>	<p>A and M CARPETS Established 1979 Carpets, vinyl, blinds Email: Info@aandmcarpets.co.uk 01263 732066</p>
<p>M. NEWLAND, BUILDERS All building work undertaken. Over 30 years experience. 077 8090 3694 or 01263 768323</p>	<p>ANDY DANIELS YEW TURN Timber framed buildings, carpentry, wood turning, landscaping, repairs, restoration. 30, Silvergate, Blickling yewturndaniels@aol.co.uk 07768680926 01263 734413</p>
<p>PEGG ELECTRICAL SERVICES (NICEIC approved/Domestic installer) Domestic, commercial, industrial wiring, test and reports. 46 years experience. Please call Andy on 01263 768564. Mobile 07799 264370.</p>	<p>JONES THE SWEEP Stoves, open fires & solid fuel appliances swept. Member of Guild of Master Sweeps. Fully insured. 07799 484012 www.jonesthesweep.co.uk</p>
<p>TRULY SCRUMPTIOUS 5* HYGIENE RATED BY NNDC We specialise in Wakes, Celebration Parties, Christenings, Baby Showers, and Afternoon Teas Home-made produce. All dietary requirements catered for. We also hire out Crockery (Plain or Vintage), glasses etc. Plus Wedding Items. For personal service please ring 01263 768076</p>	<p>CHESTNUT BARN, THURGARTON Spacious self-catering holiday accommodation. Sleeps 10-12 plus cots in 4 bedrooms (3 are ensuites). Open plan living area. Enclosed garden with private hot tub. Pets welcome. 01263 761169 07918 673716 www.chestnutbarnnorfolk.co.uk</p>
<p>JEMCO for all your signage needs! Off the shelf health and safety signs or bespoke. Professional friendly service for over thirty years. No minimum order. Your one-stop safety shop. Jemco 01263 761798 marion@jemcosigns.com</p>	<p>NORFOLK CHILDREN'S BOOK CENTRE 60,000 wonderful books for children. Come and have a look! Parents, children, teachers, everybody welcome! Open Mon-Fri 9-5, Sat 10-5. Church Lane, Alby NR11 7HB Tel. 01263 761402 ncbc.co.uk</p>
<p>ERPINGHAM WITH CALTHORPE VILLAGE HALL is available to hire throughout the year. It provides excellent facilities for clubs, children's parties, wedding receptions, anniversary celebrations, theatre, dances, exhibitions, and much more. For further information and enquiries please contact Tony Amies at 07979381277 or email: amiesanthony@gmail.com</p>	<p>EASTLAKE DECORATING SERVICES Local independent lady decorator specialising in interior painting and decorating. Friendly, reliable and high-quality service. Not sure about colour or finish? Why not try my colour consultancy service. Call or email me today for a no obligation quote on 07984 086496 or amanda@eastlakedecorating.co.uk. www.eastlakedecorating.co.uk</p>
<p>BRIAN THE SWEEP Stoves and Chimneys, Agas, Open Fires. Birds nest and obstruction removal, camera inspection, certificates issued for insurance. Fully certified and insured. Likes dogs and cups of tea. 01263 761127 BrianTheSweep@gmail.com</p>	<p>To advertise here contact Belinda Northey 01263 732882 belindanortheyis@outlook.com</p>