

KEEPING IN TOUCH IN SCARROWBECK

DOUBLE ISSUE – December and January

(see back cover for January 2026 services)

This edition is also available on website: www.scarrowbeckbenefice.org.uk

All Saints, Thwaite



Thwaite Church in 1822

December	2 nd in Advent 7th	Wednesday 10th	Friday 12th	3 rd in Advent 14th	Friday 19th	4 th in Advent 21st	Wednesday 24th	Christmas Day 25th	1 st of Christmas 28th
Alby	--	--	--	11am HC	Carols 6.30pm	--	--	--	--
Calthorpe	--	Chocolate Nativity 4pm	--	--	--	--	--	--	--
Erpingham	9.30 Group Service & Healing	--	--	9.30am HC Carols by Candlelight 6pm	--	9.30am HC	Carol Service 8pm	--	9.30 HC Group Service
Gunton	--	--	--	--	--	--	Carol Service 3pm	--	--
Hanworth	--	--	Carols Memorial Hall 6.30	--	--	--	--	--	--
Ingworth	--	--	--	--	--	Carol Service 6.30pm	--	--	--
Thwaite	3pm Evensong	--	--	9.30am Morning Prayer	--	11am HC	--	Carol Service 11am	--

9.30am Midweek services in Erpingham church

Wednesday 3rd	Wednesday 10th	Wednesday 17th	Wednesday 24th	Wednesday 31st
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Priest-in-Charge of Scarrowbeck Benefice

Rev Canon Heather Butcher
25, Muskett Way, Aylsham NR11 6GF

07786266933 canonhdb@gmail.com

Scarrowbeck Benefice Churchwardens

Alby	Mecki Green	01263 761480
Erpingham	Keith Harrison	01263761698 harriswine@doctors.org.uk
	Linda Howard	01263 833323 cicely@danielbrian.co.uk
Thwaite	James Buchan	01263 768901 jebuchan@btinternet.com
	Mary-Claire Marriott	01263 761373 mcmariott@yahoo.com
Hanworth	Richard Harbord	01263 768723 richard_harbord@hotmail.com

Calthorpe and Ingworth are part of the Diocesan Churches Trust and have no churchwardens

Scarrowbeck Benefice Lay Ministers – LLMs (Permission to Officiate)

The Lay Ministers (LLMs) in this benefice help take services.

Our Lay Ministers are:

Angela Parkes	0779969281
Helen Burrell	01263 768209
Colin Willis	01263 577288
Ian Andrews	01263 732780

In addition if you, or anyone you know, would like to be prayed for please let Heather know and we will gladly pray for you in our own prayers, and at the services if you wish.

Please let Heather know if you know of anyone who has died and they too can be included in our prayers.

If you would like a home visit for any reason, or home Communion, please contact Heather and this can be arranged at a time to suit you.

Clergy Care and Well-Being in our benefice

With the current emphasis on mental health, the Church of England has asked local church councils to consider the wellbeing of their clergy. In the light of this we have decided to remind people of Heather's working days so that her days off are protected. Heather normally works on Wednesdays and Thursdays and two Sundays per month. Inevitably, she works on other days because of weddings and funerals but we try to avoid unnecessary phone calls when she would not normally be working

PRAYERS FOR THE PARISHES IN DECEMBER Week beginning Sunday

7th	Ingworth:	Banningham Road, Butts Common
14 th	Hanworth:	Old Brewer House, Hanworth Common
21 st	Calthorpe:	Aldborough Road
28 th	Alby	Town Green, Thwaite Road

PRAYERS FOR THE PARISHES IN JANUARY

Week beginning Sunday

4 th	Thwaite:	The Common, Thwaite Hill
11 th	Hanworth:	Fen Cottage, Post Office House, White Post Road
18 th	Erpingham:	Scarrowbeck Road, School Road
25 th	Hanworth:	Glebe Farm, Helsdon Farm

From the Registers

Funerals

Ingworth	27 th September	Elizabeth Georgia Arnold Hamilton
Erpingham (memorial service)	10 th September	Jean Wood
Gunton	12 th November	James Brett

St Mary's Church Erpingham - Help with the cost of living Community Table

The Community Table in the church continues to be well supported and used.
Thank you to all who provide items for the table.

Food donations to the Community Table can be taken to church.

Items recommended:

Long life milk	laundry detergent
Tinned fish	shampoo
Tinned meat	pot noodles
Tinned vegetables	deodorant
Pasta sauce	Toilet rolls
Squash/fruit juice	washing up liquid

St Mary's Church Erpingham invites you to.... Young People's Choir..... and Mini Melodies!

Erpingham Young People's Choir

For ages 7 to 16 years

FREE



Join us every **Thursday** during term time
from **4:15 to 5:15pm**

Erpingham with
Calthorpe Village Hall
NR11 7QD

To sign up & for more information,
please contact evbryantvocals@gmail.com

St Mary's Mini Melodies

11am
Every Thursday

Erpingham With Calthorpe
Village Hall, NR11 7QD

Immerse your little one in the enchanting world of music
with Mini Melodies! Join us for a delightful hour of musical
exploration and percussion play designed for toddlers.

£2 per session
or 12 sessions for £20

For more info:
evbryantvocals@gmail.com



Christmas poems from Heather

Joseph's Lullaby

Sleep now, little one
I will watch while you and your mother sleep.
I wish I could do more.
This straw is not good enough for you.
Back in Nazareth I'll make a proper bed for you
Of seasoned wood, smooth, strong, well-pegged.
A bed fit for a carpenter's son.

Just wait till we get back to Nazareth.
I'll teach you everything I know.
You'll learn to use the cedar wood, eucalyptus and fir
You'll learn to use the drawshave, axe and saw,
Your arms will grow strong, your hands rough – like these
You will bear the pungent smell of new wood
and wear shavings and sawdust in your hair.

You'll be a man whose life centres
on hammer and nails and wood.
But for now,
sleep, little Jesus, sleep

Ron King
20th century

Kid Stuff

The wise guys
tell me
that Christmas
is Kid Stuff...
Maybe they've got
something there-
Two thousand years ago
three wise guys
chased a star
across a continent
to bring
frankincense and myrrh
to a Kid
born in a manger
with an idea in his head.....
And the bombs
crash
all over the world today
the real wise guys know
that we've all got to go
chasing stars
again
in the hope
that we can get back
some of the
Kid Stuff
born two thousand years ago

Frank Horne 20th century

HEALING MINISTRY

From the earliest times Christians were involved in prayers for healing.

Religious communities offered hospitality to the sick, grew and used herbs to help with healing through the ages, and they were the founders of hospitals. We are following in this tradition and will be offering laying-on of hands, and prayers for healing, at the end of the service on the first Sunday of each month at Erpingham.



During this time the choir will sing or the organist will play. Requests for prayer will be confidential. It will be a time when the congregation will keep silent prayer. Prayer such as this often brings comfort.
We offer this healing prayer to anyone who would like to come, and we welcome you to church.



CHRISTMAS IN SCARROWBECK THIS DECEMBER



<i>Wednesday 10th 4pm</i>	<i>Chocolate Nativity</i>	<i>Calthorpe church</i>
<i>Thursday 11th 6.30pm</i>	<i>Christmas songs with ukeleles</i>	<i>The Spread Eagle</i>
<i>Friday 12th 6.30pm</i>	<i>Carols</i>	<i>Hanworth Memorial hall</i>
<i>Sunday 14th 6pm</i>	<i>Carol s by Candlelight</i>	<i>Erpingham church</i>
<i>FRIDAY 19th 6.30pm</i>	<i>Carols followed by punch & nibbles</i>	<i>Alby church</i>
(please note correction of day from November magazine)		
<i>Sunday 21st 6.30pm</i>	<i>Carols Service</i>	<i>Ingworth Church</i>
<i>Wednesday 24th 3pm</i>	<i>Carol Service</i>	<i>Gunton Chapel</i>
<i>WEDNESDAY 24th 8pm</i>	<i>Candlelit Communion and Carol Service</i>	<i>Erpingham Church</i>
(please note correction of day from November magazine)		
<i>Christmas Day 11am</i>	<i>Carol Service</i>	<i>Thwaite Church</i>

Do you want something to do this winter? Do you knit or crochet?

We are hoping to make a supply of lap blankets to keep in the church to help with chilly knees and hands.

Would you be willing to knit/crochet one? All we ask is that it's not lacy – (fingers can easier get caught in the holes) and easily washable. A baby blanket is about the right size, and it can be a plain or patterned as you feel like doing.

There are patterns on **Revelry**, for both the knitter or crocheter, but if you'd like to have a copy of a pattern sent to you please drop me an email:

belindanortheyis@outlook.com or give me a ring 01263732882



Learn to Crochet With Jilly

Contact Jilly to book: Mobile: 07970 016961
or email: jilly.hookedonstitching@gmail.com

- ♥ Two-hour workshops with individual tuition to suit your availability and ability. Learn basic/advanced crochet techniques at your own pace.
- ♥ Find out how to crochet hats, mitts, scarves, toys, purses, flowers etc.
- ♥ Learn the various stitches used and how to follow patterns.
- ♥ Complete beginner to more experienced crocheter welcome.
- ♥ Book for one workshop or as many as you wish.
- ♥ Workshops are provided on a one to one basis, or up to a group of 3 friends,
- ♥ Book your session(s) between 10.00am and 4.00pm on Saturdays.
- ♥ There is also a weekly Thursday evening crochet group where you can practise your new found skills with help at hand.

What's included in the price?

Crochet hook, wool and pattern on your first lesson - Tea, coffee and biscuits -
Friendly atmosphere with lots of laughter and fun.

Erpingham with Calthorpe Village Hall 200 Club

July 2025 monthly draw winners

October 2025 monthly draw winners

The draw took place at "Cake & Coffee" in the Village Hall on Wednesday 5th November 2025.

The winning numbers were: **£30 prize: Number 72**

£20 prize: Number 172

As well as the monthly draws of **£30 & £20**, there is a Grand Draw in December with prizes of **£250, £200, £150 & £100**. For a one off payment of £12 a year you stand the chance of winning up to **£610!** All profits go towards the upkeep and maintenance of the Village Hall. Peter Gidman is the administrator of the 200 Club. If you are interested in joining the waiting list for a number, please contact him at:

peterjgidman@gmail.com

Tel No: 07425 219292



**A heartfelt thank you to everyone who
joined us for our Macmillan Coffee Morning
on 29th October 2025
at Erpingham with Calthorpe Village Hall**

We are incredibly grateful to those who generously donated delicious cakes, contributed to our raffle, and to all our wonderful volunteers. It was a fabulous morning, with old and new friends coming together to enjoy a cuppa and a slice (or two) of cake.

Thanks to your generosity, support and enthusiasm, we raised an amazing £830.00 which will make a real difference to those affected by cancer. Every penny raised helps support people with cancer—emotionally, physically, and financially.

Once again, thank you all for making our Macmillan Coffee Morning a resounding success!

Rosalind Horne

MACMILLAN
CANCER SUPPORT



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NORFOLK NR11 7QA**

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1ST OCTOBER TO 31ST MARCH OPEN 5 DAYS A WEEK
Wednesdays to Fridays 2pm to 11 pm. Saturdays and Sundays 12pm to 11 pm

Food served: Thursdays and Fridays 5pm – 9pm
Saturdays 12pm – 9pm
Sundays 12pm – 4pm
Take-aways available

At the heart of the village is our dog-friendly pub with pool table, dart board and a friendly atmosphere. Plus a great selection of drinks and Real Ales.
Beautiful large beer garden, with patios and large car park.

EVERYBODY IS WELCOME

Please look online, or on our blackboards outside the pub, for special events and Live music. We also have a function room available to hire for all of your special events and parties including weddings.

We are proud to say that due to the money raised from pub quizzes, and your kind support, there is now a defibrillator on the pub wall facing Eagle Road and The Street

COFFEE AND CAKE AT ERPINGHAM

Our final weekly Wednesday morning coffee morning of 2025 will be on **17th December**. We will re-open for 2026 on **Wednesday 7th January**.

Many thanks to all our regulars and helpers for your support and generosity during the past year. If you've never been to one of our coffee mornings, please feel free to come along to Erpingham & Calthorpe Village Hall any Wednesday morning between 10.30 and mid-day, we'd love to see you.



Something new for 2026 will be phone and computer skills from:

“TECH SKILLS FOR LIFE”

Holli Holmes, the County Tech Coach, will help and advise on IT skills including Text Messaging, Whatsapp, Phone Data Storage, Digital Switchover and using the NHSA App.

Holli will be at the coffee mornings on 14th January, 11th February and 11th March.
All welcome.

G'DAY HANDYMAN SERVICES

General property maintenance, painting & decorating, man with a van, flat pack assembly, garden maintenance, odd jobs. All work considered in the north Norfolk area.
Telephone: 07876 455731



Alby Gardens – a Little Gem



Come and visit Alby gardens. They are a hidden gem that many people do not know exist - tucked away at the back of Alby Crafts. Four acres of consummate quiet and a place to reflect which have evolved over its 45year history

OPEN Summer: (late March to late October)
Tuesday to Sunday 10am to 5pm and Bank
Holiday Mondays

An Allotment works for you *all year round! ~*

- ~ Outdoor Exercise
- ~ Peaceful Green Headspace
- ~ Your Own Fresh Flowers, Fruit, Veg

A perfect Christmas Gift

for your own Wish List, or someone you love.

At **Calthorpe**, you can choose to Think BIG, or choose a smaller plot Prices from just £10

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A quiet and mindful practice

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6.45 - 8.15 pm

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SOUTHREPPS CHORALE invites you to our Winter Concert featuring **MOZART'S SOLEMN VESPERS** including the exquisite *Laudate Dominum*.

The title of this wonderful, uplifting music, composed for religious performance in Salzburg Cathedral, does not entirely convey its character, which is by turns exuberant and serene. The concert also includes Mozart's glorious solo soprano piece *Exsultate, Jubilate*, together with the well-loved *Zadok the Priest* (Handel), and *I was Glad* (H. Parry), and songs by Susannah Self and Bob Chilcott.

Southrepps Chorale with Alexandra Bryant (soprano), Cathy Al-Bay (piano) and David Ballard (organ), directed by Dr. Susannah Self.

We would love you to join us:

SATURDAY 6th DECEMBER 2025 at 7:30 pm
St. JAMES CHURCH, SOUTHREPPS NR11 8NR

Refreshments at end of concert.

Tickets £15 (under 18s free) at the door
or TicketSource (no booking fee)

or email: info@southreppschorale.org.uk

www.southreppschorale.org.uk

WHATS ON AT ERPINGHAM WITH CALTHORPE VILLAGE HALL



For booking enquiries contact
 Tony Amies : 07979 381277 / email: amiesanthony@gmail.com
 or Scan the above QR code for availability

Day	Activity	Time	Contact
Monday	Pilates	10am to 11am	Sally sally@remedyflows.co.uk 07788102328
Tuesday	Twinkle Toes Baby Massage - Music, Movement and Sensory Classes (by prior arrangement)	10am to 12:30pm	Amber babymassage.twinkletoes@gmail.com 07595167359
	Carpet Bowls (Sept to March)	7pm to 9pm	John johnsnelling0@gmail.com 07300 215830
Wednesday	Coffee Club	10am to 12pm	Tony mr.tonymoore@yahoo.co.uk
Thursday	Stretch Leisure	9:30am to 10:30am	Annamarie Stretch@daytimefitnessclasses.co.uk
	St Mary's mini melodies	11am 12pm	evebryantvocals@gmail.com
	Erpingham Young People's Choir	4:15pm to 5:15pm	evebryantvocals@gmail.com
	Yoga	6:45pm to 8:15pm	Pia pia.shell@gmail.com
Friday	Art Group	10am to 1pm	Jinny Vinden@sky.com 01263 768223
	Short Mat Bowls (Sept to March)	2pm to 4pm	John johnsnelling0@gmail.com 07300 215830



WIND UP CHRISTMAS on SATURDAY 10th JANUARY



Join us for Jazz, soup, bread
and cheese (and wine!)

12.30pm at Thwaite church

Monetary donations for Cromer Food bank



STOP PRESS

As you will read in the Parish Council Report below; the Council are pleased to say that they are hoping to proceed with the improvement to the footpath up from the children's play area on The Street to Eagle Road. We don't have a date yet but, as the next KiT won't be until February, we wanted to give you notice. When the works are carried out we will have to close that path, possibly for up to 2 weeks. We hope the path will then be safer and more suitable for everyone to use. We will post updates when we have a definite start time.

Report of Ordinary meeting of Erpingham and Calthorpe Parish Council held on Wednesday 12th November

In the chair Rob Goodliffe welcomed all those present and apologies were received from Cllr S Penfold (NCC). There were no Declarations of interest. The Council approved the minutes of the Ordinary Meeting of the Council held on September 10th 2025. Under matters arising on highways matters the 20mph limit proposal would be revisited in January. A location continues to be sought for the Calthorpe defibrillator. Under planning the 2-storey extension at Littlewood Lodge, Butts Common had been approved, and the Council has no objection to the new 3-bed dwelling on land N of the Street.

In his finance report the Clerk advised that, although the budget review and setting of the precept was on the agenda the NNDC timetable would allow the Council to defer these items until the January meeting, which would also include the decisions about grants for the year. The 2nd-half precept (£6985) had been received. Quotations for resurfacing the MUGA had been received and were reviewed; the Council approved the Simons Landscaping quote; the Clerk would place the order. The Council agreed to a contribution of £1000 to the Village Hall acoustic panels installation. The items on the budget and setting of the 2026-2027 precept were deferred to January. The Council approved payments due, for electricity, village hall, room hire grass cutting, a donation to the Royal British Legion, the bus shelter maintenance, the play area and MUGA inspection and the Clerk's salary.

On the play area the 2025 Annual Safety Inspection report had been circulated to members with no increased risks from 2024. The 'check' book was presented and signed off by the Chairman. On rectification work the Council reviewed the site meetings (3 members and Clerk) and the quotations/costs had been circulated. The Council noted that the annual reports differed in their conclusions/risk status so determined to make minor cosmetic improvements. The Clerk would obtain revised quotations for new swing seats, the wooden ramp, a new scramble net and the unstable upright post, including installation costs.

The Council reviewed the progress of the new path project – inc quotations received – the Chairman updated the Council on the progress for obtaining a licence from NNDC. The Council decided to approve the quote from Elite and proceed when the licence had been issued to the parish council. A Notice of temporary path closure would be needed. The Council adopted an IT Policy for Erpingham with Calthorpe Parish Council, and it would be placed on the Council's website. The Clerk advised that the new Council email address. was in operation and invited any members of the Council to contact him for details of their own new email address for their Council business. He reminded members that participation was optional but using a personal email placed a duty on members to observe GDPR regulations.

In reports the Clerk advised that he would have to re-enrol the Council with the Pensions Regulator, as required, by 31.3.26. The next meeting is scheduled for Wednesday 14th January 2026. In members' reports the Council heard a brief report on current issues at NNDC; the Council's wreath had been laid at the Remembrance Service; information was shared about the SAM sign, the defibrillator battery, and 10 years of the Erpingham Hub.

The next meeting would include 'affordable homes' and the Council would consider bus shelter renewals with Alby w/Twaite pc. With no other business the meeting closed at 20.45.

KEEPING IN TOUCH PRINTING COSTS

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If any readers would like to make a one-off or regular donation, please make a direct payment or set up a Standing Order to:

Erpingham Parochial Church Council

Sort Code: 20-03-26

Account Number: 40358452

Please reference the payment "Keeping in Touch"

or send a cheque payable to Erpingham PCC to our Treasurer:

Belinda Northey, St Petroc, Cromer Road, Ingworth NR11 6PJ

(please write "Keeping in Touch" on the back of the cheque)

Please let the Treasurer know if you are able to Gift Aid your donation

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and treasurer

Mary-Claire
Colin Willis
Sheila Goodley
Richard Harboard

Thwaite
Calthorpe
Alby
Hanworth/Gunton

Rev Heather Butcher

Please send items for the **February 2026** edition by **14th January 2026** to:

Linda Howard cicely@danielbrian.co.uk 01263 833323

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PRINTING COSTS OF *KEEPING IN TOUCH IN SCARROWBECK*

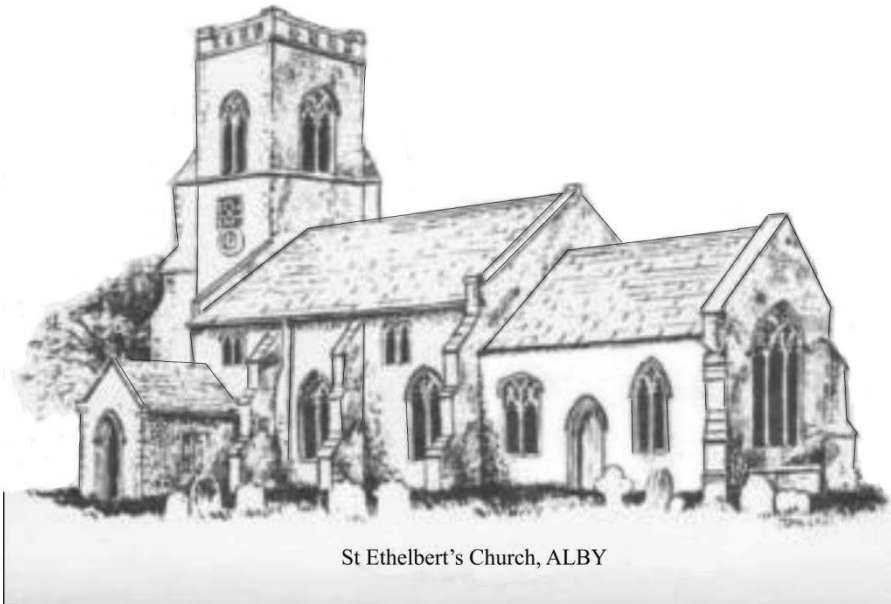
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KEEPING IN TOUCH IN SCARROWBECK

DOUBLE ISSUE – December & January 2026

(see front cover for December services)



January	2nd Sunday of Christmas Epiphany 4th	1st Sunday of Epiphany 11th	2nd Sunday of Epiphany 18th	3rd Sunday of Epiphany 25th
Alby	--	11am HC	--	--
Calthorpe	--	--	--	--
Erpingham	9.30 Group Service and Healing	9.30am HC	9.30 HC	9.30 HC
Gunton	--	--	--	--
Hanworth	--	--	--	11am HC
Ingworth	--	--	--	--
Thwaite	3 pm Evensong	9.30am Morning Prayer	11am HC	3pm Evening Prayer

9.30am Midweek services in Erpingham church

Wednesday 7th	Wednesday 14th	Wednesday 21st	Wednesday 28th
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