

# KEEPING IN TOUCH IN SCARROWBECK

**Donations welcome** **APRIL 2025**

“Keeping in Touch in Scarrowbeck” for the current month is also on our website: [www.scarrowbeckbenefice.org.uk](http://www.scarrowbeckbenefice.org.uk)

## St Mary’s, Erpingham



April	Passiontide 6th	PALM SUNDAY 13th	<b>See inside for details of Holy Week services</b>	EASTER DAY 20th	Easter 1 27th
Alby	--	11am HC		--	--
Calthorpe	--	--		--	--
Erpingham	9.30am Group Service	9.30 HC		9.30 HC	9.30 HC
Gunton	--	--		3pm HC	--
Hanworth	--	--		--	--
Ingworth	--	--		--	--
Thwaite	4pm Evensong	9.30 Morning Prayer		11am HC	4pm Evening Prayer

**(NEW TIME) 9.30am Midweek services in Erpingham church**

Wednesday 2nd	Wednesday 9th	Wednesday 16th	Wednesday 23rd	Wednesday 30th
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## KEEPING IN TOUCH PRINTING COSTS

We are grateful to all who donate so generously towards the printing costs of Keeping in Touch. You can now donate securely on line with your smart phone or tablet. Please scan the QR code.



Please see the information inside the back page for donations by cheque or direct payment.  
Thank you for your support.

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### **Priest-in-Charge of Scarrowbeck Benefice**

Canon Heather Butcher

25, Muskett Way, Aylsham NR11 6GF 01263 735922 [canonhdb@gmail.com](mailto:canonhdb@gmail.com)

### **Scarrowbeck Benefice Churchwardens**

Alby	Mecki Green	01263 761480
Erpingham	Keith Harrison	01263761698 <a href="mailto:harriswine@doctors.org.uk">harriswine@doctors.org.uk</a>
	Linda Howard	01263 833323 <a href="mailto:cicely@danielbrian.co.uk">cicely@danielbrian.co.uk</a>
Thwaite	James Buchan	01263 768901 <a href="mailto:jebuchan@btinternet.com">jebuchan@btinternet.com</a>
	Mary-Claire Marriott	01263 761373 <a href="mailto:mcmariott@yahoo.com">mcmariott@yahoo.com</a>
Hanworth	Richard Harbord	01263 768723 <a href="mailto:richard_harbord@hotmail.com">richard_harbord@hotmail.com</a>

**Calthorpe and Ingworth are part of the Diocesan Churches Trust and have no churchwardens**

### **Scarrowbeck Benefice Lay Ministers (Readers)**

The Lay Ministers/Readers in this benefice help take services in the benefice but in addition if you or anyone you know, would like to be to be prayed for, please let Angela know, or indeed any of us, and we will gladly pray for you in our own prayers and at the services if you wish.

Please let us know as well if you know of anyone who has died and they too can be included in our prayers.

If you would like a home visit for any reason or home Communion, please contact Helen in the first place and this can be arranged at a time to suit you, or we are always on the end of a telephone:

Angela Parkes	0779969281
Helen Burrell	01263 768209
Colin Willis	01263 577288

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### **Clergy Care and Well-Being in our benefice**

With the current emphasis on mental health, the Church of England has asked local church councils to consider the wellbeing of their clergy. In the light of this we have decided to remind people of Heather's working days so that her days off are protected. Heather normally works on Wednesdays and Thursdays and two Sundays per month which are published on the service rota. Inevitably she works on other days because of weddings and funerals but we try to avoid unnecessary phone calls when she would not normally be working

6th	Alby:	The Common, Blacksmith's Lane and Church Lane
13th	Ingworth:	The Street
20th	Hanworth:	Hanworth Lodge, Fen Cottage
27th	Hanworth:	Post Office House, White Post House

**From the Registers**

**Baptisms**

Erpingham	8 <sup>th</sup> March	Millie Clayton Robson
Ingworth	9 <sup>th</sup> March	Elsie May Stobart

**St Mary's Church Erpingham - Help with the cost of living  
Community Table**

The Community Table in the church continues to be well supported and used. Thank you to all who provide items for the table.

**Food donations to the Community Table can be taken to church.**

Items recommended:

Long life milk	laundry detergent
Tinned fish	shampoo
Tinned meat	pot noodles
Tinned vegetables	deodorant
Pasta sauce	Toilet rolls
Squash/fruit juice	washing up liquid

**St Mary's Church Erpingham invites you to... Young People's  
Choir..... and Mini Melodies!**

Erpingham Young  
People's Choir

For ages 7 to 16 years

**FREE**



Join us every **Thursday** during term time  
from **4:15 to 5:15pm**

Erpingham with  
Calthorpe Village Hall  
NR11 7QD

To sign up & for more information,  
please contact [evbryantvocals@gmail.com](mailto:evbryantvocals@gmail.com)

St Mary's  
**Mini Melodies**

11am  
Every Thursday

Erpingham With Calthorpe  
Village Hall, NR11 7QD

Immerse your little one in the enchanting world of music with Mini Melodies! Join us for a delightful hour of musical exploration and percussion play designed for toddlers.

£2 per session  
or 12 sessions for £20

For more info:  
[evbryantvocals@gmail.com](mailto:evbryantvocals@gmail.com)



## April letter

We are well through Lent now; a time in the past when we were encouraged to give something up. It was always biscuits, chocolates or wine for me and I didn't do very well! You don't have to fast on Sundays or Saints days and my boys used to say there seemed to be a lot of saints' days! To be honest if you try hard enough you can find some obscure saint or other to fit the bill.

More recently I have noticed the emphasis has been on doing something positive, which perhaps is more constructive. So the suggestion has been to offer help of some kind or to make time for a conversation. Others have suggested doing something creative like taking up an instrument or pursuing an interest that you have always put off. I'm thinking of getting my sewing machine out again. How about giving yourself time to sit and read. The idea is that slowing down, being creative or engaging with the people around us puts us in touch with God who is our creator and made us to thrive in relationship with other people.

I heard of someone who committed to saying the Lord's Prayer everyday at noon. In a recent sermon Philip suggested pouring your favourite tippie sinking into a bubble bath and calling to mind all the people who have loved you. That would be a wonderful prayer of gratitude.

At the end of Lent we shall hold services for every day in Holy Week. Starting with Palm Sunday palms will be distributed to remind us of Jesus' entry into Jerusalem when palms were thrown down before him as he rode on a donkey.

On Monday and Tuesday there will be services of Compline, a short evening service with time for quiet reflection.

On Wednesday we walk the Stations of the Cross in Calthorpe church, recalling Jesus journey to the cross.

On Thursday following the service communion the altar will be stripped and we leave the church in silence.

On Good Friday there will be a time of reflection on the day of Jesus Crucifixion.

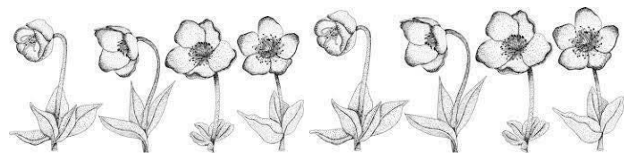
On Saturday the Easter light is taken into church and our Baptism vows are renewed.

On Easter Day we celebrate with a slice of Holy Communion.

I hope there is a service in the week you might like to attend.

May you be renewed through Lent and Rejoice at Easter

Heather



## **Electoral Roll**

Every six years the electoral rolls of every church have to be renewed and 2025 is one of those years. All existing named have to be removed and everyone must reapply to be included on the new roll.

### **Why join the electoral roll**

The electoral roll is an important way to show commitment to Erpingham Church. You can attend the ***APCM which is on Thursday May 8<sup>th</sup> at 7pm in the church***, where you can raise questions and vote in elections to the PCC, and for the parish representative to the Deanery Synod. You can participate in the government of the church at Deanery, Diocesan and national levels.

So, if you would like to continue to be on the roll – and we hope you will – or you would like to join, then please ask Helen Burrell for a form or find one at the back of the church and return it to her before April 8<sup>th</sup> to:

Paigles, The Street, Erpingham NR11 7QB, or ring 01263 768209 for further information

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**The Lent Study Groups this year will be led by Rev Canon Susanna Gunner and follow the booklets she has written.**



The last topic for this Lent will be 'Nature'

Thursday 3<sup>rd</sup> April

At 2.30 pm in the home of Helen and Stephen Burrell  
Paigles, The Street, Erpingham 01263 768209

**Everyone is welcome to come and join in the discussion**

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## HEALING MINISTRY

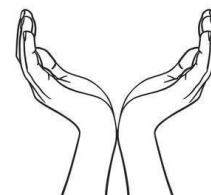
**From the earliest times Christians were involved in prayers for healing.**

Religious communities offered hospitality to the sick, grew and used herbs to help with healing through the ages, and they were the founders of hospitals. We are following in this tradition and will be offering laying-on of hands, and prayers for healing, at the end of the service on the first Sunday of each month at Erpingham.

During this time the choir will sing or the organist will play.

Requests for prayer will be confidential. It will be a time when the congregation will keep silent prayer. Prayer such as this often brings comfort.

We offer this healing prayer to anyone who would like to come, and we welcome you to church.





## HOLY WEEK SERVICES IN SCARROWBECK

Compline	Monday	14 <sup>th</sup> April	7pm	INGWORTH
Compline	Tuesday	15 <sup>th</sup> April	7pm	THWAITE
Stations of the Cross	Wednesday	16 <sup>th</sup> April	7pm	CALTHORPE
Maundy Thursday Communion & Stripping Altar	Thursday	17 <sup>th</sup> April	7pm	ERPINGHAM
Good Friday Reflections	Friday	18 <sup>th</sup> April	3pm	ERPINGHAM
Holy Saturday	Saturday	19 <sup>th</sup> April	7pm	ERPINGHAM
Easter Day Communion	Sunday	20 <sup>th</sup> April	9.30am	ERPINGHAM
Easter Day Communion	Sunday	20 <sup>th</sup> April	3pm	GUNTON



Family Service at Erpingham church  
Celebrating Spring

**May 11th 3pm**

FLOWER MAKING



# THE SPREAD EAGLE (FREEHOUSE)



**EAGLE ROAD  
ERPINGHAM  
NORFOLK NR11 7QA**

TEL 01263 761938  
FACEBOOK : The Spread Eagle  
INSTAGRAM: thespreadeagleerpingham  
WEBSITE: [www.thespreadeagle.pub](http://www.thespreadeagle.pub)

**OPEN 6 DAYS A WEEK 12-11 PM  
CLOSED TUESDAYS**

Curry & Quiz Nights held the last Thursday of every month to raise money for charities.  
£3 per person (max 6 per team)  
Proceeds split 50/50 between winning team and nominated charity.  
£9.50 for chicken curry with rice or chips and please Pre-book.

At the heart of the village is our dog-friendly pub with pool table, dart board and a friendly atmosphere. Plus a great selection of drinks and Real Ales.  
Beautiful large beer garden, with patios and large car park.

**EVERYBODY IS WELCOME**

Please look online or on our blackboards outside the pub, for special events and Live music. We also have a function room available to hire for all of your special events and parties including weddings.  
We are proud to say that due to the money raised from pub quizzes, and your kind support, there is now a defibrillator on the pub wall facing Eagle Road and The Street

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## **Erpingham with Calthorpe Village Hall 200 Club**

### **February 2025 monthly draw winners**

The draw took place at "Cake & Coffee" in the Village Hall on Wednesday 26<sup>th</sup> February 2025.

The winning numbers were:

**£30 prize: Number 23**

**£20 prize: Number 58**

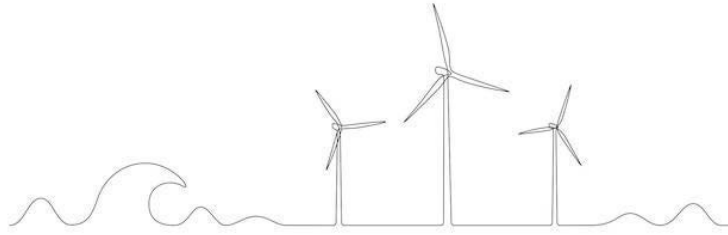
***You too could be a winner. Some spare numbers are now available. As well as the monthly draws of £30 & £20, there is a Grand Draw in December with prizes of £250, £200, £150 & £100. For a one off payment of £12 a year you stand the chance of winning up to £610! All profits go towards the upkeep and maintenance of the Village Hall.***

***Peter Gidman is the administrator of the 200 Club.***

If you are interested in joining the Club contact him at:

[peterjgidman@gmail.com](mailto:peterjgidman@gmail.com)

Tel No: 07425 219292



## **OFF-SHORE POWER**

### **- How is it coming ashore?**

Ever wondered what is going on with all the works along our roads - the large gateways, the hedges removed and the asphalt being laid as preparation for laying electricity cables?

What would you like to know?

Speakers from the community liaison department of the two contractors, RWE and Murphy, will be giving a presentation and will answer questions

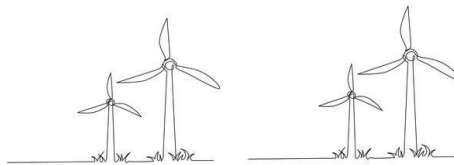
**Erpingham Church**

**Thursday May 29<sup>th</sup>**

**7pm**

**All welcome**

No ticket required but donations will be welcome at the door  
Light refreshments available during the interval







The Pavilion, Aylsham Recreation  
Ground

Your **local** not-for-profit social  
enterprise wool shop

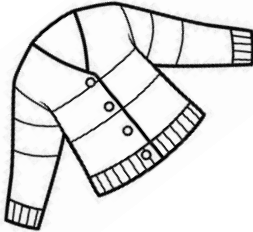
**WORKSHOPS COMING SOON**

Knit a top-down cardigan

**AND**

Fair isle Beaded Gloves

**For more details, please see  
our Facebook page - Hooked On  
Stitching -  
or contact**



Jill on [jilly.hookedonstitching@gmail.com](mailto:jilly.hookedonstitching@gmail.com) or 07970 016 961.

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## What's Occurring?

The Villages Get-Together

Wednesday 9<sup>th</sup> April

19.30 to 21:00 in the Village Hall

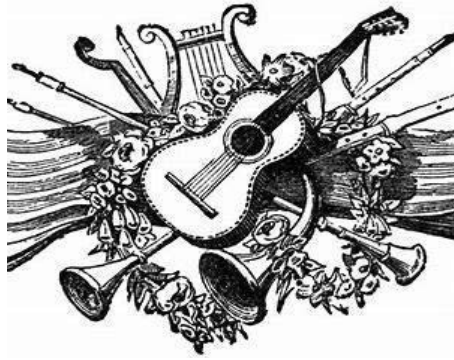
Come and hear about the activities that go on in our two villages.  
Come and talk about the things that you might want to see.



Free refreshments



This is the Annual Parish Meeting for Erpingham and Calthorpe  
All residents are warmly invited.



**St. Mary's Church, Erpingham  
NR11 6PL**

**Friday 16th May at 7.30pm**

# **A Musical Evening**

**Alastair Robinson**

**Folk, jazz, blues and classical – taking the listener  
on a musical journey**

**Joe & Mary**

**A fun, quirky acoustic duo - their music delves into  
songs about life, love and salvation - all with a  
twist!**

**Tickets £10  
to include a glass of wine or soft drink**

from Helen 01263 768209 ([paigleshs@gmail.com](mailto:paigleshs@gmail.com))  
or Liz 01263 761224 ([liz.ashness@btinternet.com](mailto:liz.ashness@btinternet.com))  
or on the door (cash or card)

## G'DAY HANDYMAN SERVICES

General property maintenance, painting & decorating, man with a van, flat pack assembly, garden maintenance, odd jobs. All work considered in the north Norfolk area.  
Telephone: 07876 455731



## Alby Gardens – a Little Gem



Come and visit Alby gardens. They are a hidden gem that many people do not know exist - tucked away at the back of Alby Crafts. Four acres of consummate quiet and a place to reflect which have evolved over its 45 year history

OPEN Summer: (late March to late October)  
Tuesday to Sunday 10am to 5pm and Bank  
Holidays Mondays

With Pia Shell

## Hatha Yoga

Yoga to strengthen, stretch, release and relax  
A quiet and mindful practice

Thursday evenings  
6.45 - 8.15 pm

Erpingham Village Hall,  
NR11 7QB

First class  
free of charge

Please contact Pia  
pia.shell@gmail.com  
07767896610

## Teucer Wilson, stone carving & lettering



sculpture, garden pieces, memorials, signs  
www.teucerwilson.co.uk 07876 243230

## What's On At Erpingham With Calthorpe Village Hall

### MONDAY

**Pilates** 10 - 11 am Contact : Sally , email : [sally@remedyflows.co.uk](mailto:sally@remedyflows.co.uk)  
Phone : 07788102328

### TUESDAY

**Twinkle Toes Baby Massage-** 10 am - 12:30 pm  
Contact : Amber , email : [babymassage.twinkletoes@gmail.com](mailto:babymassage.twinkletoes@gmail.com)

**Music, Movement & Sensory** Phone : 07595167359  
**Classes** (By prior arrangement )

**Carpet Bowls** 7 - 9 pm Contact : John , email : [johnsnelling0@gmail.com](mailto:johnsnelling0@gmail.com)  
Phone: 01263 768953(Sept. - March )

### WEDNESDAY

**Coffee Club** 10am - 12pm Contact : Tony , email : [mr.tonymoore@yahoo.co.uk](mailto:mr.tonymoore@yahoo.co.uk)

### THURSDAY

**Stretch Leisure** 9:30 - 10:30 pm  
Contact : Annamarie , email : [stretch@daytimefitnessclasses.co.uk](mailto:stretch@daytimefitnessclasses.co.uk)

**St. Mary's Mini Melodies** 11 - 12 am Contact : [evebryantvocals@gmail.com](mailto:evebryantvocals@gmail.com)

**Erpingham Young People's Choir** 4:15 - 5:15 pm  
Contact : [evebryantvocals@gmail.com](mailto:evebryantvocals@gmail.com)

**Yoga** 6:45 - 8:15 pm Contact : Pia , email : [pia.shell@gmail.com](mailto:pia.shell@gmail.com)

### FRIDAY

**Art Group** 10am - 1pm Contact : Jinny , email : [vinden@sky.com](mailto:vinden@sky.com)  
Phone : 01263 768223

**Short Mat Bowls** (Sept - March ) 2 - 4 pm Contact : John , email : [johnsnelling0@gmail.com](mailto:johnsnelling0@gmail.com) Phone : 01263 768953

For booking enquiries contact Tony Amies : 07979381277  
or email [amiesanthony@gmail.com](mailto:amiesanthony@gmail.com)

## **Report of the Ordinary Meeting of Erpingham with Calthorpe Parish Council held on Wednesday 12<sup>th</sup> March 2025**

In the chair Rob Goodliffe welcomed all those present and declarations of interest made by two members. The Council approved the Minutes of the Ordinary Meeting of the Parish Council on January 8<sup>th</sup> 2025, with all in favour and they were signed. Under matters arising the Clerk had approached the County Councillor about the damaged milestone and he read the Norfolk County Council response. He was asked to repeat the Council's request that the contractor should arrange rectification as in the past instances of damage. The Moorgate path bridge had been repaired and further path works had been undertaken (board walk) and completed. There was no planning business.

In his finance report the Clerk reported that the alternative banking option could not proceed as the investment would be too small. The Football Club contribution had been received. The bin collections refund from NNDC had not yet been received, so the Clerk would follow this up again. The Lottery funding application for the new footpath had and funds were now in the bank. Further to the last item the Council would be required to make full submissions this year to the External Auditor, incurring their fees. A payment to HMRC for PAYE would be due in April. The Council considered revising the contribution from the MUGA group, particularly the necessity for the contribution and decided that in future this would be confined to the electricity costs only, all agreed. The Council approved payments due for grants to the Village Hall, Keeping-in-Touch, Erpingham Parochial Church Council, Friends of Calthorpe churchyard, the Clerk's expenses, subscriptions to Norfolk Assoc. of Local Councils and Norfolk Parish Training and Support, PAYE and electricity.

On the play area it was reported that there is minor damage to the fence, which would be checked and quotes are still awaited for the proposed rectification work -the Clerk would seek alternatives. In reports the Clerk advised members about District Council planning seminars, notification of the Annual Parish Meeting in the Village Hall on April 9<sup>th</sup> 2025, with refreshments from 7.00 pm. The next meeting of the Parish Council will be the Annual Meeting of the Council on Wednesday 14<sup>th</sup> May 2025 at 7.30 pm in the Village Hall. Members reported on the SAM sign, the defibrillators and the Safer Neighbourhood meeting. The meeting heard an update on the specification for the new path between the Village Hall and Eagle Road. With no other business the meeting closed at 20.30.

### **SUMMARY OF PARISH COUNCIL MEETING HELD ON 12<sup>th</sup> March 2025**

The Parish Council met on 12<sup>th</sup> March. We said goodbye to Annmarie Gibbons who we were sad to see leave and who had made many valuable contributions during her time as a Parish Councillor, and we welcomed three new members – Steven Anderson, John Scott and Miles Clayden.

County Councillor Saul Penfold was in attendance, and we discussed a perennial issue in the parish – speeding vehicles. We have been collecting data from the Speed Monitor that you have probably seen in the Village, and we hope to produce evidence that might result in restrictions being put in place. It's likely to be a long process but we will keep you updated!

The bulb planting which took place in the autumn on the Village Green has resulted in a fine display of spring flowers this year which are certainly brightening up the Village.

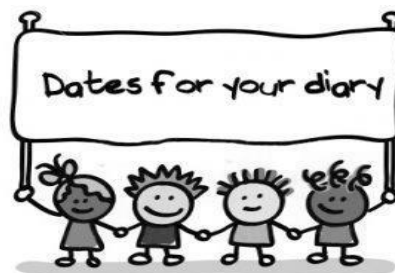
And we hope to arrange training in the use of the defibrillator which is on the outside of the Reading Room. There will be some places available for anyone who is interested in learning how to use this very important piece of kit, so we will publicise the date when we have details.

Councillors reviewed a few of its policies and approved its payments, which this time included a contribution to the cost of producing this Newsletter! Councillors agreed that KiT is an important part of Village Life and worthy of support.

Finally, the date was set, and preparations made, for this year's Annual Parish Meeting which will take place in St Lawrence Church on Friday 30<sup>th</sup> May at 6.30 pm. Last year's event was a great success, and we hope to see many of you there – so make a note in your diary!

If you would like to contact the Parish Council, the Clerk's details are:  
Colin Studholme at [ingworthclerk@gmail.com](mailto:ingworthclerk@gmail.com) 01263 587952

# Diary Dates 2025



<b>Lent study group</b> Paigles, The Street, Erpingham	2.30p	3 <sup>rd</sup> April
<b>Annual Parish Council Meeting</b> Erpingham with Calthorpe village hall	7.30pm	9 <sup>th</sup> April
<b>For the Love of Craft</b> Aldborough Community Centre	10am - 4pm	12 <sup>th</sup> , 13 <sup>th</sup> April
<b>APCM for St Mary's church Erpingham</b> Erpingham church	7pm	8 <sup>th</sup> May
<b>Musical Evening in Erpingham church</b>	7.30pm	16 <sup>th</sup> May
<b>A Talk about Off-Shore Power</b> Erpingham church	7pm	29 <sup>th</sup> May

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If any readers would like to make a one-off or regular donation, please make a direct payment or set up a Standing Order to:

**Erpingham Parochial Church Council**

**Sort Code: 20-03-26**

**Account Number: 40358452**

Please reference the payment "Keeping in Touch"

or send a cheque payable to Erpingham PCC to our Treasurer:

**Liz Ashness, Beech Cottage, Chapel Road, Erpingham,  
Norwich NR11 7QJ**

**Tel: 01263 761224 [liz.ashness@btinternet.com](mailto:liz.ashness@btinternet.com)**

(please write "Keeping in Touch" on the back of the cheque)

Please let the Treasurer know if you are able to Gift Aid your donation

## **Keeping In Touch Committee**

Editor  
Treasurer  
Website  
Distribution & Erpingham representative  
Advertising, Distribution & Ingworth representative

Alby representative  
Calthorpe representative  
Thwaite representative  
Hanworth with Gunton representative

Linda Howard  
Liz Ashness  
Corinda Carnelley  
Stephen Burrell  
Belinda Northey  
[belindanortheyis@outlook.com](mailto:belindanortheyis@outlook.com)  
Sheila Goodley  
Colin Willis  
Mary Claire Marriott  
Richard Harbord

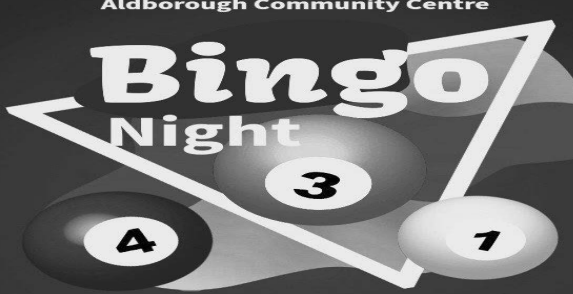
# What's on at Aldborough Community Centre?

(Registered charity 268101)

Exercise at ACC <i>Stay local, save time and fuel!</i>		
Check website for details.		
Monday	6.15-7.15pm	Zumba
Tuesday	5-6pm	Belly Dancing
Wednesday	6-7pm	Seed Yoga
Thursday	4.30-5.30pm	Pilates
Thursday	6.15-7.15pm	Zumba
Friday	10-11am	Extend fitness
Friday	6-7pm	Yoga (self-help group)

Aldborough Community Centre

## Bingo Night



**Tuesday  
March 25th**

BAR OPENS 7 PM  
EYES DOWN 7.30 PM

**CASH PRIZES**



Every Tuesday from 10-noon -filter coffee, teas, cakes, newspapers and chat.  
**ALL WELCOME! DOG-FRIENDLY TOO!**

New! Light lunches on first Tuesday of the month from 12.30

**HUB TALK & AFTERNOON TEA**  
April 1<sup>st</sup> 2-4pm  
*'My Life on and beside the Sea'* Richard Leeds

## ACC Bookings and Hire

Please use our online booking system on our website:  
[www.aldboroughcommunitycentre.com](http://www.aldboroughcommunitycentre.com)  
£13/hour for hire of the main hall, £10/hour for fitness classes. See website for rates for all other rooms.  
<https://www.facebook.com/AldboroughCommunityCentre/>

## Upcoming events



ALDBOROUGH COMMUNITY CENTRE

March 19th  
April 16th  
May 21st

7.30 pm  
BAR OPENS 7 pm

# FILM NIGHTS

EVERY THIRD WEDNESDAY OF THE MONTH

Details of films on posters at ACC or email David at [dpg.jazz@icloud.com](mailto:dpg.jazz@icloud.com)

## Hear For Norfolk

parks outside the Community Centre providing free hearing aid maintenance & advice  
Tuesday April 1<sup>st</sup>  
10-12 noon.

**Our Big Fund-Raiser! It will be swingtastic!**

## Electro Swingtastic

£10



**Sat, March 29<sup>th</sup>**  
**8' til late**  
Aldborough Community Centre  
Bar open  
Tickets online  
[www.aldboroughcommunitycentre.com](http://www.aldboroughcommunitycentre.com)  
£10 online or £15 on door

DJ Jib works his magic with an energetic mix of swing, blues, jazz, bass and lots of drums.

## Race Night

**April 25<sup>th</sup> 7.30pm**

**Tickets online**

Please send copy for **MAY 2025** by **14<sup>th</sup> APRIL 2025** to the editor:

Linda Howard [cicely@danielbrian.co.uk](mailto:cicely@danielbrian.co.uk) 01263 833323

**THANK YOU TO ALL WHO CONTRIBUTE TO THE  
PRINTING COSTS OF *KEEPING IN TOUCH IN SCARROWBECK***

## **Please Support our Local Businesses**

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