

KEEPING IN TOUCH IN SCARROWBECK

HOME DELIVERY FREE

donations welcome

May 2024

“Keeping in Touch in Scarrowbeck” for the current month is also available on our website: www.scarrowbeckbenefice.org.uk

St Lawrence, Ingworth



May	Easter 6 5th	ASCENSION DAY Thursday 9th	Sunday after Ascension 12th	PENTECOST 19th	Trinity 26th
Alby	--	--	11am HC	--	--
Calthorpe	--	--	--	--	--
Erpingham	10am Group Service	7pm HC	9.30 HC	9.30 HC	9.30 HC
Gunton	--	--	--	--	--
Hanworth	--	--	--	--	11am HC
Ingworth	--	--	--	--	--
Thwaite	4 pm Evensong		9.30 Morning Prayer	11am HC	4pm Evening Prayer

9.15 am Midweek services in Erpingham church

Wednesday 1st	Wednesday 8th	Wednesday 15th	Wednesday 22nd	Wednesday 29th
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KEEPING IN TOUCH PRINTING COSTS

We are grateful to all who donate so generously towards the printing costs of Keeping in Touch. You can now donate securely on line with your smart phone or tablet. Please scan the QR code.



Please see the information inside the back page for donations by cheque or direct payment. Thank you for your support.

Priest-in-Charge of Scarrowbeck Benefice

Canon Heather Butcher

25, Muskett Way, Aylsham NR11 6GF 01263 735922 canonhdb@gmail.com

Scarrowbeck Benefice Churchwardens

Alby	Mecki Green	01263 761480
Erpingham	Keith Harrison	01263761698 harriswine@doctors.org.uk
	Linda Howard	01263 833323 cicely@danielbrian.co.uk
Thwaite	James Buchan	01263 768901 jebuchan@btinternet.com
	Mary-Claire Marriott	01263 761373 mcmariott@yahoo.com
Hanworth	Richard Harbord	01263 768723 richard_harbord@hotmail.com

Calthorpe and Ingworth are part of the Diocesan Churches Trust and have no churchwardens

Scarrowbeck Benefice Lay Ministers (Readers)

The Lay Ministers/Readers in this benefice help take services in the benefice but in addition if you or anyone you know, would like to be to be prayed for, please let Angela know, or indeed any of us, and we will gladly pray for you in our own prayers and at the services if you wish.

Please let us know as well if you know of anyone who has died and they too can be included in our prayers.

If you would like a home visit for any reason or home Communion, please contact Helen in the first place and this can be arranged at a time to suit you, or we are always on the end of a telephone:

Angela Parkes	0779969281
Helen Burrell	01263 768209
Colin Willis	01263 577288

Clergy Care and Well-Bering in our benefice

With the current emphasis on mental health, the Church of England has asked local church councils to consider the wellbeing of their clergy. In the light of this we have decided to remind people of Heather's working days so that her days off are protected. Heather normally works on Wednesdays and Thursdays and two Sundays per month which are published on the service rota. Inevitably she works on other days because of weddings and funerals but we try to avoid unnecessary phone calls when she would not normally be working.

An early Easter this year



means that at the time of writing, mid April, we are really and truly into spring and by the time you read this the weather in May will hopefully even have become summerlike. The Church has always made use of the seasons and celebrations of the natural year to help explain the significance of the life of Christ from which has developed our faith.

The year starts, not in January but at the beginning of December, with the season of Advent (coming) in preparation for the Birth of Christ at Christmas, a celebration which the Early Church grafted on to the midwinter celebrations of the secular world, a habit which still

continues in our modern society. Then, in fairly short order, the Christian feasts follow the life of Jesus, moving swiftly from birth and childhood to his adult ministry, preceded by Lent, the time spent in the wilderness and descending into the most important time of all, his Passion and Crucifixion, before the rejoicing of the Resurrection at Easter, the climax of the Christian year. This is linked with spring and new birth, The word 'Easter' in English is derived from Eostre, the ancient pagan goddess of fertility and spring, whereas most languages have versions of the Greek 'pascha'.

All is not over, however, for six weeks later there is the Feast of the Ascension, when we remember Jesus' disappearing from the earth to unite with his Father in Heaven which, as He promised, opens the way for the great feast of Pentecost, or Whitsun, the coming of the Holy Spirit, the power of God within us, which this year takes place on Sunday 19 May.

'Whitsun' a contraction of White Sunday, was traditionally so called because in the Early Church it was a time for baptisms, at which those to be baptised wore white. In many countries, including Britain, it was a time for feasting and celebration. An 18th century poster advertised the following attractions:

'On Whit Monday, in the morning, will be a punting match...The first boat that comes in to receive a guinea... On Whit Tuesday, in the morning, a fine Holland smock and ribbons, to be run for by girls and young women. And in the afternoon six pairs of buckskin gloves to be wrestled for.'

Nowadays the Church usually calls it Pentecost, which, fifty days after the Passover, was originally a Jewish harvest festival, and it was at that time when, according to the book of Acts, the followers of Jesus received the Holy Spirit.

Since the reorganisation of English bank holidays some years ago the so-called 'Spring Bank Holiday' does not usually coincide with Pentecost, or Whitsun, (though we may often still refer to it as the 'Whit holiday') and in many countries the school half term break takes place at the 'real' Whitsun whilst here in England this year this holiday week is the week following the Christian Whitsun.

The celebration of the coming of the Holy Spirit is an important part of our Christian faith but one that people often find strange and confusing. In fact, the problem lies in the English word, 'spirit'. We talk about 'spirits' in the sense of drinks – whisky, gin, and so on, and also use the word as an adjective – 'he gave a spirited performance of the song'. It is also a more modern way of expressing the old and even more strange phrase 'Holy Ghost' (hence 'Holy Goose' as a little boy, having misheard and misunderstood, once put it!) The colour for Pentecost is red, symbolising the 'tongues of fire' described in the book of Acts as resting on the heads of the disciples, and another common symbol is a dove, the bird of peace and love.

However, this strange 'spirit' idea is much easier to understand when we become aware that in the original languages of the Bible, both the Hebrew and the Greek word translated as 'spirit' in English, can also mean 'wind, and 'breath' When we think of 'spirit' like that, perhaps we can visualise the idea. We can't see the wind, but only feel its effect. Without 'breath' we are dead! In fact we use the Greek word, pneuma, in English, in pneumatic. Bikes, and vehicles, these days have 'pneumatic tyres' because they have air in them. You can't ride a bike, or drive a car, with a flat tyre, so it's useless, it doesn't have any life.



So 'Holy Spirit' means God living in us, helping us to feel alive. What we do, like the wind, has an effect that others can experience. For Christians, it's the part of us that makes our belief really alive, alive in the Spirit of God.

Angela Parkes Reader (Lay Minister)

PRAYERS FOR THE PARISHES

Week beginning Sunday

May

5th	Alby:	Town Green, Thwaite Common
12th	Thwaite:	Thwaite Hill
19th	Hanworth:	Glebe Farm, Helsdon Farm
26th	Erpingham:	Scarrowbeck Road, School Road

St Mary's Church Erpingham - Help with the cost of living

Community Table

The Community Table in the church continues to be well supported and used. Thank you to all who provide items for the table

Food donations to the Community Table can be taken to church.

Items recommended:

Long life milk	laundry detergent
Tinned fish	shampoo
Tinned meat	pot noodles
Tinned vegetables	deodorant
Pasta sauce	Toilet rolls
Squash/fruit juice	washing up liquid

Erpingham Young People's Choir

For ages 7 to 16 years

FREE



Join us every **Thursday** during term time
from **4:15 until 5:15pm**

St Mary's Church
Eagle Road, Erpingham,
NR11 7EX

To sign up or for more information,
please contact evebryantvocals@gmail.com

THANK YOU - THANK YOU - THANK YOU

After a bad fall at the beginning of March, and stupidly breaking my left thigh in half, I hope I am on the way to recovery although I know it will take a long time.

However, the point of this letter is to say a huge thank you to all those friends and neighbours who have rallied round and helped Stephen and me in so many ways; visiting me to cheer me up, shopping, ironing!..... and food!! Everything from complete meals, to lovely cakes, biscuits, chocolate. And always at the end of the phone offering to do anything they could to help. We are so grateful.

We live in some amazing villages and are very lucky to live here with such wonderful and kind people. I hope to be back amongst you very soon.

Helen Burrell



**Summer Time for Sunday afternoon services
in Thwaite church**

Evensong and the Evening Prayer services are
now at **4pm**



APPEAL FOR ALBY CHURCH

Many thanks to all those who gave so generously, both in name and anonymously, to the appeal for the restoration of the churchyard wall at

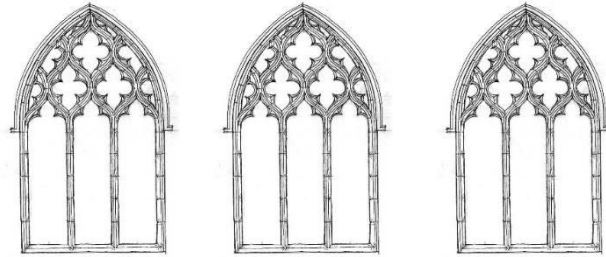
St. Ethelbert's, Alby.

James Buchan,

Appeal organiser.



**FUND RAISING EVENT FOR ERPINGHAM
CHURCH
WINDOW RESTORATION**



**SUMMER DRINKS IN THE GARDEN
AT
ERPINGHAM HOUSE
(NR11 7QD)**

**THURSDAY 6th JUNE
6 – 8 pm**



**ENTRY BY TICKET ONLY
TO INCLUDE FREE GLASS OF WINE AND CANAPÉS**

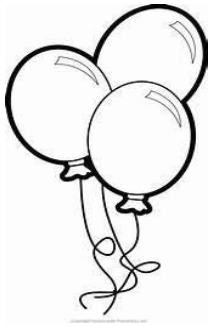
Additional drink to cash purchase

Raffle

**Tickets £15 from: Jane Lewis – 01263 761666 / 07771656399,
Kate Willcox – 07767017684, or
Ros Horne – 01263 761702**



Help needed



Erpingham Country & Craft Fayre

SATURDAY 29th JUNE

Erpingham with Calthorpe Village Hall

NR11 7QD

12pm – 4pm

Can you help set up and take down marquees?

Can you help in the kitchen?

Do you have ideas for children's activities?

If you can help, please contact Rosalind Horne

01263 761702 or email rjhorne8@btinternet.com

Tombola prizes to Helen: Paigles, The Street, Erpingham

THE SPREAD EAGLE EAGLE ROAD



**ERPINGHAM
NORFOLK. NR11 7QA**

TEL 01263 761938 / FACEBOOK : The Spread Eagle

INSTAGRAM: [thespreadeagleerpingham](https://www.instagram.com/thespreadeagleerpingham)

WEBSITE: WWW.thespreadeagle.pub

OPEN 6 DAYS A WEEK 12-11 PM

CLOSED TUESDAYS

LUNCHTIME MENU: WED, FRI, & SAT 12-2PM

EVENING MENU: WED, FRI & SAT 5-8PM

NO NEED TO BOOK

At the heart of the village is our Dog friendly pub with a friendly atmosphere, a great selection of drinks and Real Ales. We are also very proud to say that we are in The Good Beer Guide .

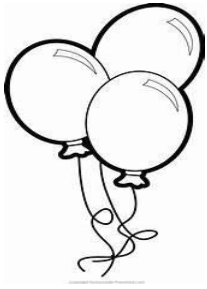
We are very much a traditional pub serving pub home cooked food and have large beer gardens and car parks .

Please look online or on our blackboards outside the pub, for special events and Live music.

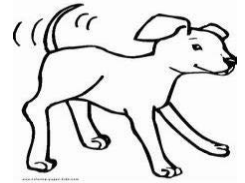
We also have a function room available to hire.

EVERYBODY IS WELCOME

ERPINGHAM COUNTRY
CRAFT FAYRE



with **FUN DOG SHOW**
SATURDAY 29th JUNE



Erpingham with Calthorpe Village Hall
NR11 7QD

Refreshments



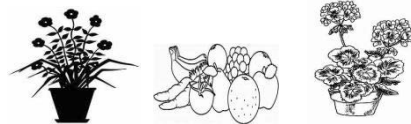
12pm – 4pm

Craft Stalls **PIMMS TENT**

Ice Cream Van

Games

Plants, Fruit & Veg



*Ordgar, Viking and
Saxon re-enactment,
living history and crafts.*

And lots more

Forthcoming events

Saturday 4th May 08.30-12.00: Stall of Delights, Aylsham Market Place

Please come to our cake and produce sale. It will be lovely to see you as well as being able to sell you delicious home-made cakes made by our volunteer bakers in Aylsham market Place. There's also the monthly Farmer's Market so there'll be a real buzz in Aylsham on that morning.

Friday 17th May 1pm – 5pm: Teas at Stody Lodge Open Gardens



We have been invited once again by Kate MacNicol to provide the teas at their Open Garden. Come enjoy the riot of colour in its 14-acres of rhododendrons and azaleas. Alongside the 200 varieties of these beautiful plants, this open garden in North Norfolk also has some wonderful magnolias, camellias, expansive lawns, woodland walkways and carpets of spring bulbs. Its 4-acre Azalea Water Gardens holds 2,000

azalea mollis plants which is believed to be the largest single planting in the UK.

Entrance: £9, under 12s go free. Dogs on leads welcome, free parking and plant stall (cash only).

Saturday 8th June 7pm. St Michael's (Whitwell) Church Hall, Reepham, Norfolk. Join us for a fascinating talk from Mrs Temple about her cheeses and her farm's transition to sustainable farming. Afterwards bid for some amazing lots donated by our loyal supporters; if you have a 'promise' that you can offer for auction please contact Sue

info@hospiceethiopia.org.uk

Tickets £10 each which includes a glass of wine and plate of cheese, available from info@hospiceethiopia.org.uk

Erpingham Village Hall 200 Club

March monthly draw winners

The draw took place at "Cake & Coffee" in the Village Hall on Wednesday 27th March 2024

The winning numbers were:

£30 prize: Number 137

£20 prize: Number 8

You too could be a winner. Some spare numbers are now available. As well as the monthly draws of **£30 & £20**, there is a Grand Draw in December with prizes of **£250, £200, £150 & £100**. For a one off payment of £12 a year you stand the chance of winning up to **£610!** All profits go towards the upkeep and maintenance of the Village Hall.

Peter Gidman will be taking over as Administrator of the 200 Club as from 1st April 2024.

If you are interested in joining the Club contact him at:

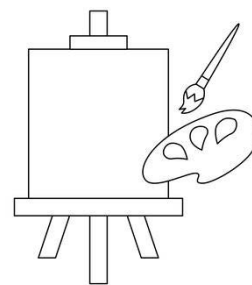
peterjgidman@gmail.com

Tel: 07425219292

North Norfolk Open Studios 2024

Saturday 25th May-Sunday 2nd June

Come and view original art by local artists. Admission free, come and have a look. An opportunity to buy original work. Brochures distributed shortly. Information about opening times, taster exhibitions, examples of individual artists work etc available online at <https://www.northnorfolkstudios.co.uk/>



AYLSHAM AND DISTRICT TRAIL - NINE ARTISTS

LESLEY ASH- sculptor, painter, printmaker- Wickmere
ANGIE MADDIGAN-linoprints, monoprints, paintings, drawings- Wickmere
MAGGIE SIMMONS- oil paintings-Wickmere
JO HILLAM-oil paintings- Ingworth
BOB GRIMBLE-furniture maker, woodcarver, turner- Erpingham
MARY NEWTON-paintings- oil, watercolour, pastels- Aylsham
MICHAEL SCOTT- paintings, woodcraft- Skeyton
BELYNDA SHARPLES- paintings, ceramics- Little Barningham
VINCE LAWS- collage/montage,drawing,mixed media,painting,performance art, textiles- Oulton



The Pavilion, Aylsham Recreation
Ground

Your **local** not-for-profit social enterprise wool shop
Opening Times

Tuesday to Saturday 10:00am till 5:00pm

Chat 'N' Craft Groups

Crafting not essential, just come for a chat and a cuppa to make friends, share ideas, knowledge and skills over a cuppa and cake. £4:00 donation per session

Wednesday 1:00 till 3:00pm, Thursday 1:00pm till 3:00pm
Saturday 1:00pm till 3:00pm

For further details please contact:

Jill on jilly.hookedonstitching@gmail.com 07970 016 961

Hanworth with Gunton Memorial Hall Events 2024

Regular events:

Every Monday Chair Pilates 1.30pm to 2.15pm
Every Wednesday Warm hub 12 noon to 3.30pm
(Until March but including 27th)

Wednesday May 1st 6.30pm

Annual Village Meeting followed by social gathering at Pop-up pub.

Friday June 15th

Simon's surprise fundraiser - with Pop-up pub.

Friday August 3rd

Posh pop-up pub - cocktails and summer BBQ tickets £10 (to include meal and first cocktail)

Friday October 3rd

Halloween Quiz and Pop-up pub.
£10 for quiz entry and meal)

Saturday October 5th


Weavers Way Ultra Marathon
organised by Boghopper Races.



“Bowls is a Game for Old Men”

True, BUT it's a game for everyone else as well. Anybody, regardless of age can soon learn the basics and enjoy playing this traditional game. Erpingham Bowls Club, in the heart of the village, has a beautiful bowling green, its own clubhouse and bowls for loan. We organise club competitions, participate in local area leagues and have a weekly informal roll up for club members, casual players and beginners. We are always very pleased to meet new players of any ability from complete beginners to experts. If you would like try bowls for the first time or just roll-up for an informal game you are very welcome to come along on any Sunday afternoon until the end of August.

For details ring Tony on 01263 768358



Remedy Flows

Pilates Classes

With Sally Thornton


Erpingham Village Hall
Monday 10am

Aldborough Community Centre
Thursday 4.30pm


£8 per session

Also at Aylham Community Gym

For more information or to book a place
07788102338
sally@remedyflows.co.uk



www.remedyflows.co.uk
HOMEOPATHY PILATES



Made with PosterMyWall.com



VILLAGE FAYRE

To all Stallholders and Artisans...
...if you are interested in displaying
your wares at our Village Fayre
on Sunday the 23rd of June 2024 from 11am onwards

Please Contact: Valerie King val_kingjj@hotmail.com

G'DAY HANDYMAN SERVICES

General property maintenance,
painting & decorating,
man with a van, flat pack
assembly,
garden maintenance, odd jobs.
All work considered in the north
Norfolk area.
Telephone: 07876 455731



Mannington Hall and Gardens

Walks open daily

May 12th Little Vintage Lover Fair

Gardens reopen:

Wed Thurs Fri and Sun from May 15th

www.manningtonestate.co.uk

01263 584175

admin@walpoleestate.co.uk



With Pia Shell

Hatha Yoga

Yoga to strengthen, stretch, release and relax
A quiet and mindful practice


Thursday evenings
6.45 - 8.15 pm

Erpingham Village Hall,
NR11 7QB

First class
free of charge


Please contact Pia
pia.shell@gmail.com
07767896610

Teucer Wilson, stone carving & lettering



sculpture, garden pieces, memorials, signs
www.teucerwilson.co.uk 07876 243230

Alby Gardens - a Little Gem



Come and visit Alby gardens.
They are a hidden gem that many people do not know exist - tucked away at the back of Alby Crafts.
Four acres of consummate quiet and a place to reflect which have evolved over its 45year history

Make Light Work of Gardening this year

at Calthorpe's Allotments - the perfect place for a productive plot!
*New for 2024: Added **raised beds*** - perfect for 'No Dig' growing
Improved on-site **watering facilities**
Easier access and parking



Get in touch NOW to reserve your plot. Phone: Jim (01263 761798) or Ray (01263 761694) or email: jim@dofygate.co.uk

Diary Dates 2024

Annual Meeting & Pop-up pub Hanworth & Gunton village hall	6.30pm	1 st May
Stall of Delights – Aylsham Market Place	8.30 -12	4 th May
Stody Lodge Open Garden Simon's Surprise Hanworth & Gunton village hall	1 – 5pm	17 th May 1 st June
Summer Drinks at Erpingham House Mrs Temple's Cheese talk at St Michael's Reepham	6-8pm 7pm	6 th June 8 th June
Aldborough Village Fayre	11am onward	23 rd June
Erpingham Country Fayre in village hall Pop-up pub & bbq Hanworth & Gunton village hall	11-4pm	29 th June 3 rd August
Hallowe'en & Pop-up pub Hanworth & Gunton village hall		3 rd October
Weavers Way Marathon by Boghopper Races		5 th October

If any readers would like to make a one-off or regular donation, please make a direct payment or set up a Standing Order to:

Erpingham Parochial Church Council
Sort Code: 20-03-26
Account Number: 40358452

Please reference the payment "Keeping in Touch"
or send a cheque payable to Erpingham PCC to our Treasurer:
Liz Ashness, Beech Cottage, Chapel Road, Erpingham,
Norwich NR11 7QJ
Tel: 01263 761224 liz.ashness@btinternet.com

(please write "Keeping in Touch" on the back of the cheque)
Please let the Treasurer know if you are able to Gift Aid your donation

What's on at Aldborough Community Centre?

(Registered charity 268101)

<p align="center">Exercise at ACC <i>Stay local, save time and fuel!</i></p>	<p align="center">Film Nights at ACC <i>Join us!</i></p>															
<p align="center"><i>Check website for details.</i></p> <table border="0"> <tr> <td>Tuesday</td> <td>5-6pm</td> <td>Belly Dancing</td> </tr> <tr> <td>Thursday</td> <td>4.30-5.30pm</td> <td>Pilates</td> </tr> <tr> <td>Thursday</td> <td>6.15-7.15pm</td> <td>Zumba</td> </tr> <tr> <td>Friday</td> <td>10-11am</td> <td>Extend fitness</td> </tr> <tr> <td>Friday</td> <td>6-7pm</td> <td>Yoga</td> </tr> </table>	Tuesday	5-6pm	Belly Dancing	Thursday	4.30-5.30pm	Pilates	Thursday	6.15-7.15pm	Zumba	Friday	10-11am	Extend fitness	Friday	6-7pm	Yoga	<p align="center">Every 3rd Wednesday of the month. Screening at 7.30pm, Bar opens 7pm May 22nd (one week later than usual) June 19th July 17th Details of films on posters at ACC or email David at dpg.jazz@icloud.com</p>
Tuesday	5-6pm	Belly Dancing														
Thursday	4.30-5.30pm	Pilates														
Thursday	6.15-7.15pm	Zumba														
Friday	10-11am	Extend fitness														
Friday	6-7pm	Yoga														
<div data-bbox="127 627 766 772" data-label="Image"> </div> <p>Every Tuesday from 10-12 -filter coffee, teas, cakes, newspapers and chat. ALL WELCOME!</p> <p align="center">HUB TALKS Tuesdays 2pm <i>Inspiring speakers with great stories to share.</i> May 7th Tom Hunt 'Stories from Life at the Norfolk Children's Book Centre' June 4th Tina Hooker 'Simple Steps to Being Greener'</p>	<div data-bbox="805 638 1077 739" data-label="Section-Header"> <p>FUND RAISER</p> </div> <div data-bbox="805 750 1077 974" data-label="Text"> <p><i>Following the success of last year's Eurovision evening- once again showing</i></p> </div> <div data-bbox="1117 616 1476 963" data-label="Image"> </div> <div data-bbox="805 974 1452 1198" data-label="Text"> <p><i>Eurovision live on the big screen, European sharing platters, quizzes & fun.</i> MAY 11th from 7.30pm £8.00 – tickets online www.aldboroughcommunitycentre.com</p> </div>															
<p align="center">Bar Tones <i>'Singing for Fun' group meets every Tuesday.</i> 7pm-8.00 pm ALL WELCOME!</p>	<div data-bbox="917 1220 1356 1769" data-label="Image"> </div>															
<p align="center">ACC Bookings and Hire</p> <p>Please use our online booking system on our website: www.aldboroughcommunitycentre.com</p> <p>Or email; Julie@floribunda-workshop.co.uk</p> <p>£13/hour for hire of the main hall, £10/hour for wellbeing classes/events. See website for rates for all other rooms.</p> <p>https://www.facebook.com/AldboroughCommunityCentre/</p>	<p align="center">Hear For Norfolk Free hearing aid maintenance & advice June 4th 10-12noon <i>Have a coffee at The Hub too.</i></p>															
<p align="center">RESOURCE ROOM</p> <p>Meeting room accommodating 10, with internet access; projector, laptop, printer, laminator, guillotine all available for use.</p> <p>Book online or drop by on Tuesday mornings when our administrator will help you with printing, laminating etc,</p>																

THE NEXT ISSUE: Please send copy for the **JUNE 2024** edition
by **14th May 2024**

to the editor: Linda Howard cicely@danielbrian.co.uk 01263 833323

**THANK YOU TO ALL WHO CONTRIBUTE TO THE
PRINTING COSTS OF *KEEPING IN TOUCH IN SCARROWBECK***

Please Support our Local Businesses

<p>ROPER HEATING SERVICES Oftec Registered Engineer covering local Oil Boiler Servicing and Breakdowns. Small heating maintenance calls and warranty calls. Grant boiler G1 engineer covering every make and model of oil boiler. Oil boiler changes and upgrades available with plenty of notice. Fully Registered and Fully Insured. Call Steve on 07788414514</p>	<p>NORFOLK CHILDREN'S BOOK CENTRE 60,000 wonderful books for children. Come and have a look! Parents, children, teachers, everybody welcome! Open Mon-Fri 9-5, Sat 10-5. Church Lane, Alby NR11 7HB Tel. 01263 761402 ncbc.co.uk</p>
<p>BICYCLE REPAIR MAN Punctures, Repairs and Servicing Rose Cottage, Thwaite Common, Erpingham Phone Paul 01263 768082</p>	<p>A and M CARPETS Established 1979 Carpets, vinyl, blinds Email: Info@aandmcarpets.co.uk 01263 732066</p>
<p>M. NEWLAND, BUILDERS All building work undertaken. Over 30 years experience. 077 8090 3694 or 01263 768323</p>	<p>ANDY DANIELS YEW TURN Timber framed buildings, carpentry, wood turning, landscaping, repairs, restoration. 30, Silvergate, Blickling yewturndaniels@aol.co.uk 07768680926 01263 734413</p>
<p>PEGG ELECTRICAL SERVICES (NICEIC approved/Domestic installer) Domestic, commercial, industrial wiring, test and reports. 46 years experience. Please call Andy on 01263 768564. Mobile 07799 264370.</p>	<p>JONES THE SWEEP Stoves, open fires & solid fuel appliances swept. Member of Guild of Master Sweeps. Fully insured. 07799 484012 www.jonesthesweep.co.uk</p>
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